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ONE MANITOBA MAYOR'S INVITATION TO AMERICANS

metroNEWS

Grade 10 Nelson Mandela student Sumant Ghuttora holds a bucket of nature's bounty that his classmates dug up from Grow Calgary's urban farm. HELEN PIKE/METRO

YOU SAY POTATO

Students harvest knowledge at Grow Calgary farm, metroNEWS

Near 300% increase in meth busts

LAW ENFORCEMENT

Shift in drug habits, supply chain blamed

Lucie Edwardson
Metro | Calgary

The Calgary Police Service has seen a 292 per cent increase in methamphetamine seizures in the second quarter of 2016, compared to the same time last year, according to a report presented to the Calgary Police Commission on Tuesday.

Staff Sgt. Martin Schiavetta said the increase is measured in both small busts, such as a person carrying a baggy of the drug, all the way up to large busts. In conjunction with the ever-increasing fentanyl issue in the province, they're seeing some scary outcomes.

"Some people are using meth to get high and fentanyl to come down," he said.

Schiavetta said the significant increase in meth seizures is due to a shift in drug habits and the supplier landscape.

"Meth is easy to get, it's highly addictive and it's cheaper than drugs like cocaine," he said.

Schiavetta said the street value for one gram of meth is around $50. He added there are people in Calgary trying to support a $1,000-a-day addiction, which directly correlates with increased property crime.

"People needing to support that addiction often don't have the money, so that's $1,000 of crime they have to commit."

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metro NEWS

Your essential daily news

Notorious pharma tycoon wants you to hit him — seriously. **Business**

City seeks inventive park vendors

PUBLIC SPACES

Pilot project invites local businesses to open shop

Helen Pike
Metro | Calgary

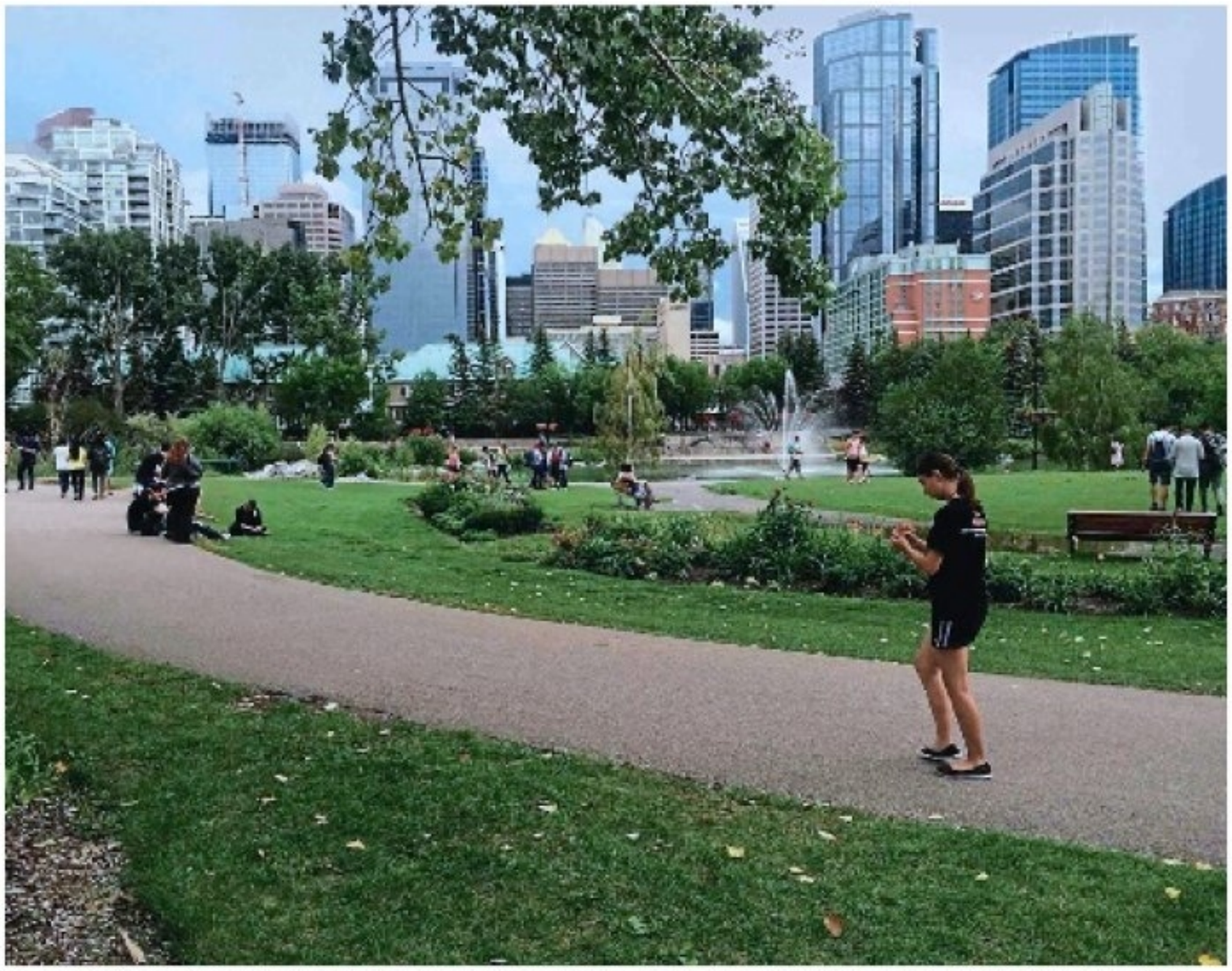
Imagine you've brought your pooch to an off-leash park in Glenmore, and the rascal found a dirty spot to roll. You don't want to dirty that freshly vacuumed car of yours — what do you do?

Well, if all goes as planned, there's a pilot project in the works that could bring services like a mobile dog wash, equipment rental, and photographers to your walk in the park.

The City of Calgary is calling on the business community to try and fill parks with a diverse blend of vendors — playing on something they have been offering for over 20 years.

It's not new to see food trucks, skate rentals and other vendors on offer in city-owned parks. But Henrik Jannesson, a business strategy and contract lead with the city's parks department, explains the idea behind their latest pilot is to bring the idea of park vendors to the mainstream and further activate the city's green spaces.

"The pilot is about a new application process," Jannesson said. "We've had vendors for a number of years, but in the past it's been on a case-by-case basis — this way we've streamlined it."



Calgary Pokémon Go players enjoy the green spaces of Prince's Island Park. Although this park isn't on the list of spaces the city is looking to add vendors to, nearby Peace Park, Eau Claire Park and Sien Lok Park fit the bill. JEREMY SIMES/ FOR METRO

Zev Klymochko, a member of Calgary Association of Skateboarding Enthusiasts (CASE), said snack vendors would be welcome at Shaw Millennium Park, one of the city's chosen parks. Skateboarders used to have a vendor on-site, but after it closed they were forced to cross a busy road to access a lone drink machine.

> We're focusing on what you can do to complement the park or activate the park. Henrik Jannesson

"It's a no-brainer to have people selling things, like refreshments, where people are being active," said Klymochko. He added the vendor would have to fit with the park users to be a success.

"It could be annoying," he said. "The users wouldn't react well to that."

Pricing is set by the park location, and there's an easy-to-find place for interested vendors to apply online after reading up on what the city is looking for. The city's also taking suggestions for other locales not listed online.

Applications are due by Dec. 15 and the pilot will wrap up after the 2017 vendor season. The city will also be collecting information from park users to see if the program was a success.

"In the past we've had food trucks at parks, which is going great, but this is a way to formalize and see what emerging services can be offered," said Jannesson. "We're focusing on what you can do to complement the park, or activate the park."

BIG IDEAS

- A mobile dog wash set up to keep dogs looking and smelling fresh.
- On-demand photo-shoot services, where photographers can set up and find clients on site.
- Walking tours, or wildlife tours to help park goers appreciate the nature around them.

Airdrie residents speak out against $83M project

REDEVELOPMENT

City hall plan unveiled at invite-only meeting

Brodie Thomas
Metro | Calgary

Citizens are blasting Airdrie City Council after it unveiled plans for a multi-million dollar redevelopment of city hall and surrounding properties to a select group of business leaders earlier this month.

The project, known simply as The Square, could see a number of buildings redeveloped including Airdrie City Hall, the library, and retail buildings.

The price tag for the entire project, which would be phased over 10 years, could be upwards of $83 million, although the cost to taxpayers would only be a fraction of that, according to the project website. Much of the cost would be financed.

Airdrie resident Marnie Marr has been speaking out against the plans, and the perceived lack of transparency surrounding the project.

She first heard about it on Sept. 8 when a friend who was invited to the plan's unveiling brought her along to the invitational meeting.

The property in question is owned by Airdrie Main Street Real Estate Inc. (AMSQ) — a private company set up by the city after it purchased about five acres of land in the downtown in 2004.

Airdrie City Hall is one of several buildings that could get redeveloped under an ambitious plan put forward by Airdrie Main Street Real Estate Inc. — a city-owned private company. COURTESY MARNIE MARR

"They keep comparing (AMSQ) to Enmax — it's Airdrie's Enmax," Marr said.

The board of AMSQ is made up of all members of council, the city manager and the city's director of finance.

Marr said because it's set up as a private corporation, it isn't subject to the same level of transparency as city council.

When she learned about a financial report completed by Ernst And Young on The Square, she requested a copy of the report as well as AMSQ meeting minutes through a freedom of information request. The city told her fulfilling her request would cost $17,346.

> We're not doing anything without hearing from the community.
> Airdrie Mayor Peter Brown

The matter was to go before council for approval on Oct. 3 but Airdrie Mayor Peter Brown said that date has been pushed back to January to allow for more public consultation.

"We're not doing anything without hearing from the community," Brown said.

He said if he had his time back, he would not have rolled out the project to community and business leaders in the way it was done on Sept. 8.

He also said he would like to see the Ernst and Young report released, but that will be a board decision.

Brown said he consulted with city lawyers about the structure of AMSQ but was told everything was above the board.

"My biggest problem was to make sure I'm not in conflict in my role, because I felt, when you're talking about something this significant — this stuff should be in the public realm."

POLITICS

Notley says plan won't hurt economy

Alberta Premier Rachel Notley says she rejects the notion that a minimum-wage hike and carbon tax will hurt the provincial economy.

Opposition parties have attacked the NDP for charging ahead with those two policies at a time when the province's economy is ailing. But Notley said Tuesday that she believes most Albertans support the government's direction on those issues

On the minimum wage issue, Notley says her government is trying to strike a balance between supporting businesses and tackling inequality. On Saturday minimum wage will rise by $1 to $12.20 an hour, gradually increasing to $15 an hour by 2018.

An economy-wide carbon tax is set to take effect in the new year as part of a climate-change strategy that also includes a cap on oilsands emissions and the phase-out of coal. Notley said the tax, which will eventually reach $30 per tonne of carbon dioxide in 2018, will help diversify the economy and support the case that Alberta's energy resources should be developed and shipped to market. Ten months after the NDP government announced its climate-change strategy, pipeline proposals remain in limbo, but Notley said the tenor of the discussion has improved.

"We're not sort of sitting in our own echo chamber talking to ourselves while the opponents to pipelines sit in their own echo chamber talking to themselves and nobody actually connects and finds any kind of alignment," she said.

"So does that mean that right now a whole bunch of previous opponents are out there declaring their support for the pipeline? No. Does it mean that the conversation has improved in a lot of settings? Yes."

THE CANADIAN PRESS

METRO ASKED

How parents feel about paying $285 for lunch-time supervision

Jennifer Davidson: If it goes up more it creates hardship for the kids and hardship for the parents. But if you're going to raise it, then I'd like to see it better spent to have actual better lunchroom supervision. I think meals are a very important part, and when you're rushing children to eat a meal, not allowing them to finish a lunch and then sending them outside too early, then that's going to affect their learning in the afternoon.

Anand Mishra: The cost is going up, so we have to pay for it. I'm OK with that. The kids are happy and they enjoy it, that's what matters.

Jennifer Mills: I've heard some discussion on the fees, and they are expensive, but at the same time I feel that the fees are warranted because they have to pay people to come in, and it's convenient. The convenience factor for me is important because the kids are able to stay here at school for lunch.

Bernie Mills: I'm OK with it. In order to have kids stay over the lunch hour they have to pay people to do that, so this covers the cost of that service and it's worth it for me.

JENNIFER FRIESEN PHOTOS/FOR METRO

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New turf for worn fields

SOCCER

Replacement to make play safer, better for the body: Official

Jeremy Simes
For Metro | Calgary

It won't be spongy, but soccer players can kiss the Calgary Soccer Centre's fraying fields goodbye.

On Tuesday, the City of Calgary said it will begin replacing the artificial turf in the Calgary Soccer Centre's main building on Sunday.

The new material will make a safer game according to Heather Cowie, manager of recreation for the northeast region with the city.

Cowie said the current turf has reached the end of its life cycle — about 10 years.

She said it's worn to the point that you can see a few rips, loose strands and bald spots.

"It's certainly not as safe as it could be for players," she said. "Because there will be a consistency, it'll lend a higher quality sport experience for our users as well."

Tommy Wheeldon Jr with the Foothills Soccer Club says softer turf is easier on players' bodies.
JEREMY SIMES/FOR METRO

Tommy Wheeldon Jr, Foothills Soccer Club technical director, said a safer game for players is always important.

However, he said spongier turf is better, as the new fields won't be as cushioned as the fields in the Calgary Foothills Soccer Club.

"The spongy turf is better on the body, better on the joints," he said. "If we're developing players through the winter season, (the indoor surface) has to be better to replicate the outdoor game."

Cowie said the new turf was chosen because it'll have the same consistency that's currently in the annex.

> **If we're developing players through the winter season, (the indoor surface) has to be better to replicate the outdoor game.**
> Tommy Wheeldon Jr.

"The artificial turf has come a long way," she said. "We would never install anything that wouldn't be safe or up to standards."

Cowie said the city also anticipates minimal disturbances for clubs.

Wheeldon Jr said there may be a delay in games, but added it won't be a major change for the club.

The turf replacement will be completed by Oct. 13. The annex and outdoor fields will remain open during the two-week closure for booking and drop-off play.

The city couldn't confirm by deadline the cost of replacing the turf.

PRIVACY

Woman fined for info breach

A woman has been convicted and fined for a health information privacy breach while she was working at the Alberta Children's Hospital in Calgary.

The breach between November 2013 and March 2014 was discovered when Alberta Health Services conducted database audits.

The audits found Judy Anderson had snooped in the files of 26 people — some of them shared her last name, while others did not appear to have any connection to where she worked.

Anderson was responsible for entering and confirming data relating to newborns with congenital irregularities.

The breach was reported to the privacy commissioner's office before coming before the courts.

Anderson pleaded guilty in provincial court and last week was fined $5,000.

THE CANADIAN PRESS

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The crime scene outside the Marquee Beer Market, where Calgary Stampeders player Mylan Hicks was killed. MATHEW SILVER/FOR METRO

Stampeder's death has bar reviewing security

MYLAN HICKS

Marquee Beer Market aims to enhance safety after shooting

Lucie Edwardson
Metro | Calgary

The Calgary nightclub where Stampeder Mylan Hicks was gunned down early Sunday said they will continue to review and enhance their security measures to keep patrons safe.

Hicks was shot after an altercation at Marquee Beer Market on Macleod Trail Sunday. Nelson Tony Lugela has since been charged with second-degree murder.

A statement sent to Metro by the Marquee's vice-president of operations, Jeremiah Jurcic, said they're "shocked and profoundly saddened" by Hicks' death.

Jurcic said the Marquee is working closely with police to help determine events that led to the violence.

"The security protocols that are in place, such as ID scans and pat-downs for all patrons entering our facility, as well as the professionalism of our staff, will hopefully lead to swift justice for the perpetrator of this horrendous crime," he said.

> **"it's only as good as the ID provided, which isn't always legitimate."**
> Insp. Don Coleman

Calgary police Insp. Don Coleman told reporters Monday that although they do have partnerships with bars in the city who use ID scanners, success of the system varies.

"It can be successful, but it's only as good as the ID provided, which isn't always legitimate," he said.

One woman, who asked to remain anonymous, knew Hicks and described him as humble, loving and caring.

"It was never a dull moment when you were around him, he always wanted to make sure everybody had a good time," she said.

She said his love for football was an inspiration to others.

"He was so passionate and dedicated, which would just inspire everybody else around him to keep dreaming."

The friend, who by coincidence also knew the accused, described Lugela as an outgoing person of faith, who was mixed up with the wrong crowd.

She said she has mixed feelings about his alleged involvement.

"This is a shock and also not a shock," she said.

"He does have a history with the police — he's been in and out."

POLITICS

Lawyer running for PC leadership

Calgary lawyer Byron Nelson says he's ready to join the race to become the next leader of the Alberta Progressive Conservatives.

In a news release issued Tuesday, Nelson said he wants to restore Alberta "to the place of opportunity that it once was."

"The PCs must continue to work together to restore the strength of Alberta," he said.

He is one of several Albertans considering Alberta PC leadership.

Nelson's announcement follows former Conservative MP Jason Kenney's bid to become the next PC leader. Kenney's mandate is to unite both the Wildrose and PC parties.

Former PC MLA Donna Kennedy-Glans has also stepped forward to run, and is expected to make a formal announcement on the candidacy soon.

The official PC leadership race kicks off October 1.

Other potential leadership candidates include PC MLAs Sandra Jansen and Richard Starke.

METRO

Byron Nelson. CONTRIBUTED

Cathy Jacobs, owner of Angel's Café, said she's excited to move forward with a new building for her business in the new year, even though it's coming about because of an overlooked city regulation. BRODIE THOMAS/METRO

Angel's Café to move due to pole

BUSINESS

Ice cream and coffee shop will be rebuilt on parking lot

Brodie Thomas
Metro | Calgary

Cathy Jacobs is surprisingly upbeat for someone who has to spend $300,000 to move her business 30 feet to the right.

The owner of Angel's Cappuccino and Ice Cream Café was planning an expansion for her 20th year in business, and that's where the trouble began.

"We were in fact almost completely through approvals when Enmax — they did a random inspection on that pole and discovered we were too close," said Jacobs.

Angel's Café is on city land in the northwest, close to the Harry Boothman Bridge that leads to Edworthy Park.

Now instead of expanding, Jacobs will be building anew in the centre of her parking lot, moving to the new building, and then tearing down the current location to free up more parking.

She said both Enmax and the city have been a great help throughout the process. At first they considered moving the pole at Jacobs' expense, but after several months determined that was not possible

Enmax spokeswoman Doris Kaufmann Woodcock said it really comes down to a safety issue that has more to do with the power pole's guywires than it does with the pole itself.

"If anything were to happen to that anchor — the tension that's holding back tens of thousands of pounds of pressure — it could be very serious," she said.

Jacobs said the city then worked with her to find another possible location on park land. She said she wanted to stay as close to her current location as possible.

"Visibility is everything — if we lose our location we lose our business," she said.

> **Visibility is everything — if we lose our location we lose our business.**
> Cathy Jacobs

HEALTH

First responders fear college won't ease fee hike

Jeremy Simes
For Metro | Calgary

About 1,100 emergency first responders are worried the Alberta College of Paramedics (ACP) won't revert its decision to up membership fees by 20 per cent, after they alleged they were blindsided by the hike.

On Tuesday, the ACP and the paramedic group agreed to hold a special meeting primarily regarding membership fee hikes, which would total about $1 million in new funds.

Cam Heenan, who's part of the group spearheading the petition, said some members believe the ACP hasn't been transparent. Heenan said they were told last year there wouldn't be a fee increase.

The ACP has maintained its rationale behind the hike, saying the college can't run a deficit, faces higher business costs and sees lower rates of membership.

In early September, Heenan also called on Health Minister Sarah Hoffman to postpone the transition of the ACP from the Health Disciplines Act to the Health Professions Act.

Weeks after Heenan pleaded, the ministry announced that transition.

Though paramedics support the transition, Heenan said he felt disappointed as members wanted to sort out the fee increase and other bylaws before the ACP makes changes "on the fly."

Becky Donelon, deputy registrar with the ACP, said she understands how members may be fearful of new regulations under the Health Professions Act.

However, she said the role of council and committee is better laid out under the new act.

The special meeting between members and the ACP will be held Friday.

Air quality crowdsourcing

ENVIRONMENT

Citywide sensor pilot outlines better readings

Aaron Chatha
Metro | Calgary

There's something in the air tonight — is it love? Lust? Nasty contaminants that could be harmful to your lungs?

Calgary startup SensorUp wants to find out.

CEO Steve Liang explained that Calgary has three powerful sensors in the northwest, southeast and downtown that are used to measure the city's air quality. And while they do an excellent job at providing some overall feedback, they can't exactly tell what the air quality is like in your own neighbourhood.

So, SensorUp is introducing a smart cities pilot program.

Essentially, the program is giving out sensors and a platform to program the sensors as needed by the users. Using just a few taps on their phone, users can have the sensors read air quality in their region — and connect with other sensors nearby and across the city to get a better map of the air.

"For example, if today's air quality in your area is not good, maybe you want to skip your morning run," said Liang. "Or, if we have enough sensors, maybe you can plan your morning run along a healthier route."

The sensors are low cost, and you can build your own.

While one is not as powerful as the city's sensors — a web of them can offer a much more accurate map of the city's air.

SensorUp is trying to build Calgary into a smart city. Liang said he doesn't like that many tech companies operate in silos — you need Apple products to run Apple software, or things like Wi-fi light bulbs don't communicate with Wi-fi light bulbs from a different company.

Air-quality measuring is just one of the applications the sensors can have — and creative users can design new and improved uses for them as well. The concept of intercommunicating devices is called the "Internet of things."

SensorUp has been contracted by a number of institutes and organizations — including the U.S. Department of Homeland Defence — to help different devices communicate easier.

But this is their own initiative to help Calgary on the path to becoming a collaborative, smart city.

On Oct. 8 SensorUp is hosting a sensor-building workshop.

For more information on the initiative, visit smartcities.sensorup.com.

SensorUp's Steve Liang hopes sensors like these will be installed throughout Calgary — with everyone contributing to the information web. AARON CHATHA/METRO

WORLDWIDE

According to a World Health Organization report released on Tuesday, 92 per cent of people worldwide live in areas with excessive air pollution.

CALGARY SCHOOL BOARD

Parents warned of impetigo

Lucie Edwardson
Metro | Calgary

Parents from 20 schools in the Calgary Board of Education received letters last week warning them of exposure to impetigo, a bacterial skin infection, at their schools.

According to the letter, provided to Metro by the CBE, the school board said they're taking all possible steps to ensure safety and well-being of students, but also encouraged them to call Health Link Alberta should they have any questions about the illness.

Alberta Health Services describes impetigo as a bacterial skin infection and the most common skin infection for children.

"It causes red sores that can break open, ooze fluid, and develop a yellow-brown crust. These sores can occur anywhere on the body," reads the AHS description.

A spokesman for AHS said the infection is not considered a notifiable illness, and not something there is communicable disease regulations for, therefore they have no statistics on impetigo.

AHS said impetigo is caused by two kinds of bacteria— strep and staph. They said it can develop after skin irritation or injury, as well as after a child's cold or due to allergies, but can also develop on completely healthy skin.

According to the information provided by AHS, impetigo is treated with antibiotics, and a child can generally return to school after 24 hours.

LUCIE EDWARDSON/METRO

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Cheers and jeers from CIFF

What we liked and didn't like at the Calgary International Film Festival (so far)

AARON CHATHA METRO

IMAGES COURTESY OF CIFF

Two Lovers and a Bear

Description: Two tormented souls, Lucy and Roman, fall in love and head out into the snow to escape their pasts. (Canadian)
Positive: Phenomenal leads do a great job conveying complex emotions. Doesn't descend into melodrama despite dark content.
Negative: Goes from very comedic to absurdly dark very fast — two tones jump fast and can be jarring and irritating.

Adult Life Skills

Description: Approaching 30, Anna is told to she needs to move out of her mom's shed and stop dressing like a homeless teen. (United Kingdom)
Positive: On-point dry, sarcastic humour, great visuals and strong relationships. Hits genre plot points with contagious energy. Handles loss in an engrossing way.
Negative: A genre film, so story beats aren't hard to see coming, and the romance angle, while fun, doesn't seem genuine enough.

Paterson

Description: Paterson, a bus driver in Paterson, N.J., writes poetry in anonymity, while his creative wife encourages him to publish his writing. (United States)
Positive: A wonderfully deep character study with a fantastic central performance, and really fun visual tics and story beats.
Negative: Very deliberate pace. Paterson's life is mundane, so the story creeps and is never intended to reach a run — or barely a jog.

Trespass Against Us

Description: The Cutler family lives as outlaws in Britain's countryside, but Chad sees their way of life is quickly fading and wants better for his kids. (United Kingdom)
Positive: Great performances from Michael Fassbender and Brendan Gleeson. An exhilarating mid-movie chase.
Negative: The story teases a boiling point between father and son, but never reaches it — instead going with an unsatisfactory, happy-go-lucky ending.

Incontrol

Description: A group of university students discover a machine that lets them experience and control the minds of people around them. (Canadian)
Positive: Makes Calgary look beautiful with a strong sci-fi concept. Starts quick and smart.
Negative: Doesn't dig deep enough into the questions it asks; stakes never seem to reach high enough.

For the full reviews, visit metronews.ca

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City getting money to lure companies

HEAD OFFICES

Alberta giving $2 million, feds handing over $1 million

The Alberta and federal governments are giving Calgary Economic Development $3 million to help it attract more firms to set up their head offices in the city and the province.

Western Economic Diversification Canada is giving CED $1 million, while the Alberta government is handing over $2 million over two years.

Economic Development Deron Bilous says the message to companies is that Alberta is the best place to do business.

The Alberta government's funding is part of a larger $5 million investment over two years to attract major new business investment or company headquarters to Alberta announced in this year's budget.

Mary Moran, president and CEO of CED, says co-ordinating efforts to attract corporate head offices makes sense.

She says the group is also working with other cities.

"We've implemented a headquarters' attraction strategy to leverage Calgary's strengths as a centre for corporate head offices in Canada but there is incredible value in co-ordinating our efforts with the government of Alberta, Western Economic Diversification Canada and other cities with a strategic, aligned and sustained effort to maximize our resources in markets outside the province," Moran said.

Bilous said Calgary is already home to the highest concentration of international headquarters in Canada.

"It also has the country's youngest, most skilled workforce. Working together to build on those strengths helps create and maintain jobs, while continuing to diversify our economy."

Wildrose MLA Prasad Panda says if the NDP government really wanted to help bring investment to the province, it would change its policies such as raising business taxes and introducing a carbon tax.

"Recently, we have seen companies like Agrium move their head office from Alberta, and others close down while specifically citing NDP policy as a reason to do so," Panda said in a news release.

"Calgary's downtown office vacancy rate topped 21 per cent just last month."

THE CANADIAN PRESS

Angelina Ortwein tries a turban on for size at the 'Turban, Eh' event. KEVIN TUONG/FOR METRO

SIKH COMMUNITY

Turban-tying event held to fight bigotry

Ameya Charnalia
For Metro | Edmonton

Posters that tried to provoke hatred inspired quite the opposite Tuesday at the University of Alberta.

The "Turban, Eh!" event, organized as a response to the Sept. 19 appearance of racist posters on campus, saw people pack the main floor to try on an array of turbans.

Angelina Ortwein, a second-year student at the university, said she came to the event to try on a turban and learn more about Sikh culture.

"Based on the fact that we say Canada is culturally accepting, there's no better way to be culturally accepting than to do it yourself and to learn more yourself of the cultures coming to Canada."

Multiple racist posters discovered at the U of A last week were removed by the university. They were titled "F--K YOUR TURBAN" and featured a photo of a turbaned Sikh man. A caption read: "If you're so obsessed with your third-world culture, go the f–k back to where you came from!"

A URL link to the website of Immigration Watch Canada, an organization that aims to dramatically reduce immigration levels to Canada, was printed at the bottom of the posters.

The organization issued a statement on its website last week saying it did not sanction the distribution of the poster.

A university investigation into the posters is underway.

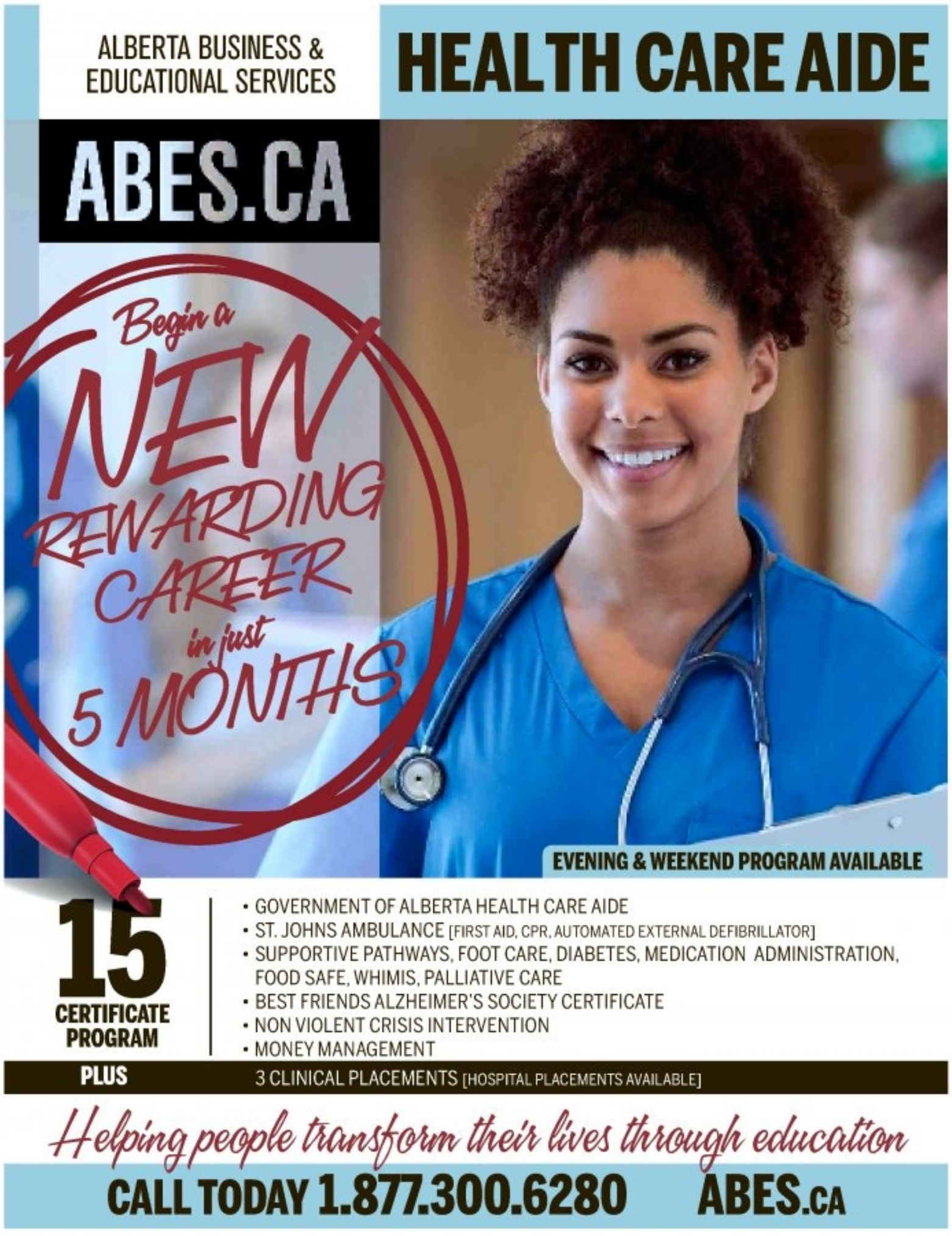
Edmonton's Arundeep Singh Sandhu, who helped organize the event, said it was both an educational experience and a response to the posters.

"They made their point. They made their case. They put forth their vision for Canada and we're making our rebuttal and saying this is our vision for Canada and we're going see which one is more popular, which one is more acceptable to people," he said.

"I think people are choosing us."

The event showcased the different styles of turbans too, said Sandhu, with most volunteers tying turbans in the dumala and Patiala shahi styles, which are the most common turbans found.

"I think we have a really good opportunity to build on this, going forward in the future, and to make sure people find out who we are and what we're about."



Students dig in with Grow Calgary

URBAN FARMING

Organization teaches kids about the value of food

Helen Pike
Metro | Calgary

More than 250 students from Nelson Mandela High School and Prince of Wales Elementary were at Grow Calgary's farm to lend a hand with the harvest. HELEN PIKE/METRO

You've never seen a group this excited about a bucket full of potatoes.

On Monday, more than 250 students from Nelson Mandela High School and Prince of Wales Elementary took to the big urban farm, Grow Calgary, to learn about the cogs that keep the charitable organization's labour of love turning, and to help with the fall harvest.

Teacher Cheryl-Lynne Ibbotson said for some students this is a first step outside of their own bubbles. She laughed, explaining one students' struggle with burs sticking to her pants, and another's realization that jeans are the ultimate work pants.

"My hope is to encourage them to start volunteering and to see why Grow Calgary is important to us in our city," Ibbotson said.

"I just want to expose them to something outside their community ... so they understand what compassionate, caring, good global citizens are."

She added students eagerly brought gloves to get to work.

Students were given a tour of the farm's various stations before heading to work.

Grow Calgary's Paul Hughes likes to instill creativity over cash, and shows kids the farm's greenhouses, earth ship, compost and repurposing areas as an educational aspect of their trip.

Elysa Morin, one of the teachers for the Grade 1 class from Prince of Wales Elementary School, watched as her class learned about the farm's irrigation system — it's a small stream surrounded by trees at the back slope of the farm.

"A lot of kids don't know where their food comes from, so we're hoping they understand the value of food," Morin said.

She added the students will see their harvested veg through to the Drop In Centre, one of the recipients of Grow Calgary's bounty.

Volunteers from ATB Financial helped wrangle students as part of the day — they're newly partnered with the farm to help.

"When we think of the economic situation we're in right now, as a city, as a province, and the fact that food prices are going through the roof — this is important work," said Dax Nobrega from ATB.

"We are creating 30,000 meals a year out of this very small farm.... We want to partner with Grow Calgary in meaningful ways."

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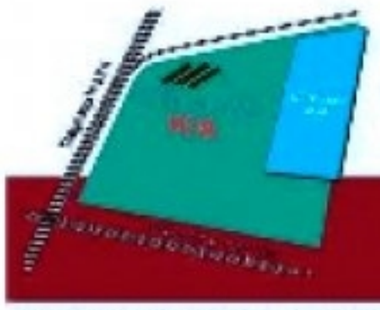

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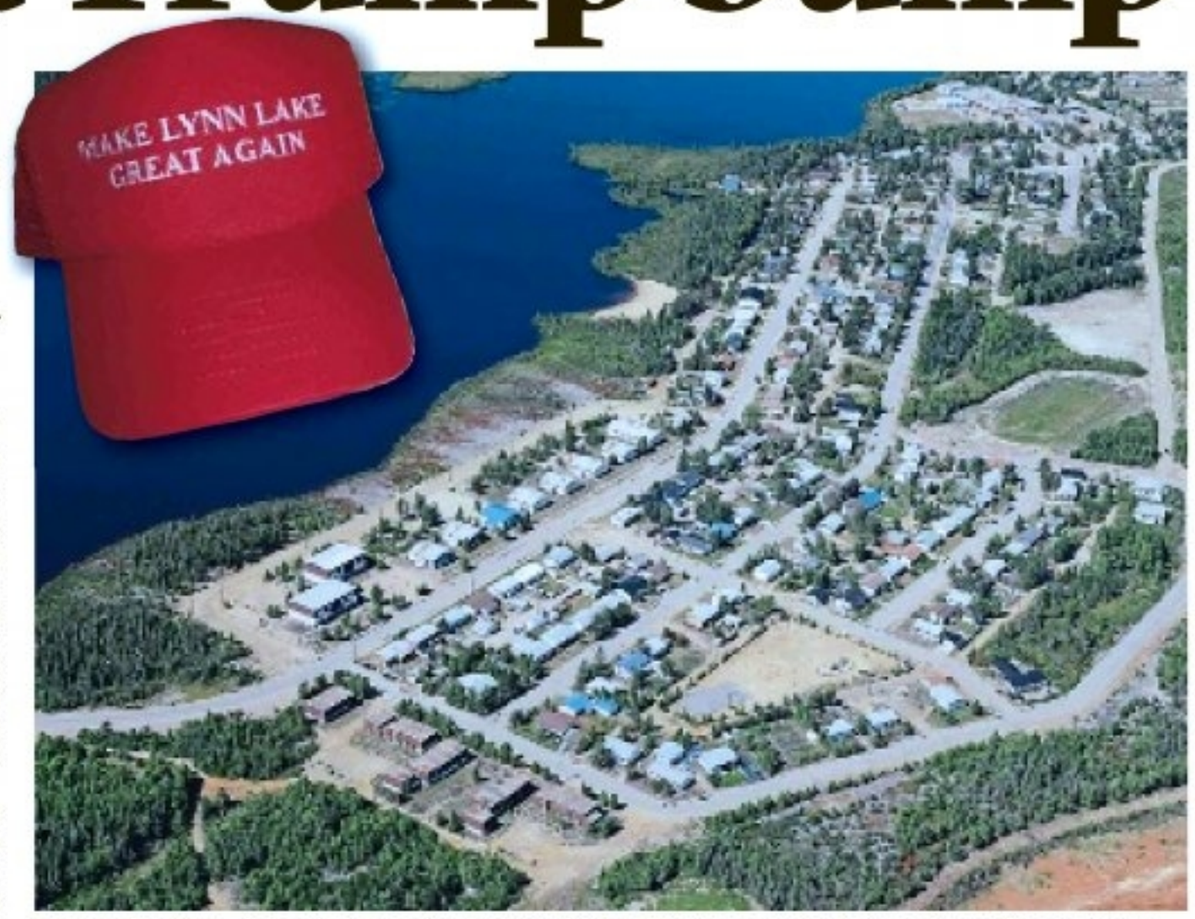
KIA The Power to Surprise

Tiny town hoping for a Trump bump

MANITOBA

Unlike Donald, Lynn Lake wants foreigners to take their jobs

Braeden Jones
Metro | Winnipeg



Lynn Lake, Man., is hoping Americans down in the Trumps may want to move north. CONTRIBUTED

Americans planning to flee the United States after the presidential election now have an earnest invitation to relocate north — far north to Lynn Lake, Man.

After presidential hopefuls Donald Trump and Hillary Clinton traded barbs in a highly publicized debate Monday night, the little town about 1,000 kilometres north of Winnipeg dropped the mic.

"We may have a place for you here," read the tweet from the Town of Lynn Lake's official Twitter account on Tuesday morning.

And, according to the town's chief administrative officer "it's completely serious."

"Granted, there is some tongue-in-cheekedness, but it's completely serious actually," said Ric Stryde. "We have an absolute lack of certified, red-seal tradespeople in town and we have a lot to offer."

He explained that in terms of quality of life and access to the great outdoors, Lynn Lake is hard to match. But the seriousness of the appeal, does come from a legitimate need for skilled tradespeople.

The town office had around a dozen "Make Lynn Lake Great Again" hats made to borrow Donald Trump's catchy slogan and embody the idea that, with an influx of people, the town could be revitalized.

Today, its population is around 700. But not long ago, as recent as 1996, it was greater than 1,000 inhabitants. Before then, it was 4,000-strong.

> **We have a lifestyle advantage to offer and we'd welcome them.**
> Ric Stryde

Stryde said the community has a lot to offer skilled American workers wanting a quieter life as far from their presidential worst nightmare as possible.

"If we can find a way to help 'em out we'll look at options, if they're coming out of the states we can look at sponsoring them … the town has a lot of property, maybe there's something to look at there," he said. "We're 100 per cent serious. If they're interested in immigrating and want to come up here, we have a lifestyle advantage to offer and we'd welcome them."

THIS STINKS Mike McMilan may not have risked his life, but he did risk the scent of his suit. On the way to a meeting with the mayor of Orillia, Ont., McMillan spotted a skunk with its head trapped in a Coke can. "I couldn't leave the animal like that," he told the Washington Post. Eventually freed, the skunk left McMilan skunk-scent free. Visit metronews.ca for the full video.
STORY: REBECCA WILLIAMS/METRO; PHOTOS: YOUTUBE

Teenager wants Trudeau's ear

HALIFAX

Says under 16s should have spot on PM's Youth Council

Yvette d'Entremont
Metro | Halifax

Logan Henderson created an online petition in hopes of persuading Prime Minister Justin Trudeau to consider allowing people as young as 13 to apply for a spot on his Youth Council. JEFF HARPER/METRO

A Grade 8 student from the Halifax area is hoping Justin Trudeau will consider allowing people as young as 13 to apply for a spot on the Prime Minister's Youth Council.

Logan Henderson, 13, has a keen interest in government, which he said was piqued more than a year ago.

"I just watched the news, and I liked the political stuff," he said. "It wasn't just an interest at one point, it became a passion. I had to go and advocate for things."

When Trudeau was campaigning last year, Henderson was excited to hear him promise to create a youth council to advise the prime minister on important national issues, but was disappointed to learn it would only consist of youths between the ages of 16 and 24.

"When you're 18 you can run for office, so I don't think it's really fair to those of us who don't have our voices heard right now," Henderson said. "The people that already have their voices heard are getting their voices heard even more."

He decided to create an online petition in the hopes of getting his message to Trudeau.

"It is time that we allow all youth to have equal opportunity to at least apply and be considered," he writes in the petition.

"Since we can't vote we don't get listened to as much as the people who can vote," Henderson said.

ROYAL VISIT

First Nations urge 'true reconciliation'

First Nations leaders have urged the Duke and Duchess of Cambridge to encourage the B.C. and federal governments to take their issues seriously, marking the second straight day of the royal tour that indigenous leaders expressed frustration.

Chief John Kruger of the Penticton Indian Band spoke directly to Prince William and Kate during an event at the University of British Columbia's Okanagan campus on Tuesday, urging them to advocate for reconciliation for indigenous peoples.

"True reconciliation involves the honour of the Crown, the federal government, provincial government and the indigenous people of this land."

Kruger was standing in for Grand Chief Stewart Phillip, president of the Union of B.C. Indian Chiefs, who has boycotted royal events. His members, which represents more than half of the 203 First Nations in the province, voted that he should not attend reconciliation events with the royals. Grand Chief Ed John of the First Nation Summit filled in for Phillip at the Black Rod Ceremony in Victoria on Monday and used his time at the podium to make an even stronger plea.

THE CANADIAN PRESS

The Duchess of Cambridge meets with a First Nations chief in Kelowna, B.C., on Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

IN BRIEF

Ottawa approves LNG
The federal government gave conditional approval Tuesday to the massive Pacific NorthWest LNG project planned for British Columbia's northwest coast. Environment Minister Catherine McKenna, Natural Resources Minister Jim Carr and Fisheries Minister Dominic LeBlanc travelled to Richmond, B.C., to announce their government's acceptance of what is expected to be one of the largest infrastructure investments in Canadian history.
THE CANADIAN PRESS

Vaping laws on the way
The Liberal government says it will introduce legislation this fall to regulate vaping. Health Canada says the move will balance the need to protect young people from nicotine addiction while allowing adult smokers to legally buy vaping products and e-cigarettes to help quit smoking or as a potentially less harmful alternative to tobacco.
THE CANADIAN PRESS

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'Hateful, spiteful language'

U.S. ELECTION

Women say sexism was on clear display during debate

When Donald Trump challenged Hillary Clinton's stamina on the debate stage, Pennsylvania voter Patricia Bennett said she heard a "dog whistle" that smacked of unmistakable sexism.

"Why doesn't he just say that she needs more testosterone?" said Bennett, who plans to vote for Clinton in November.

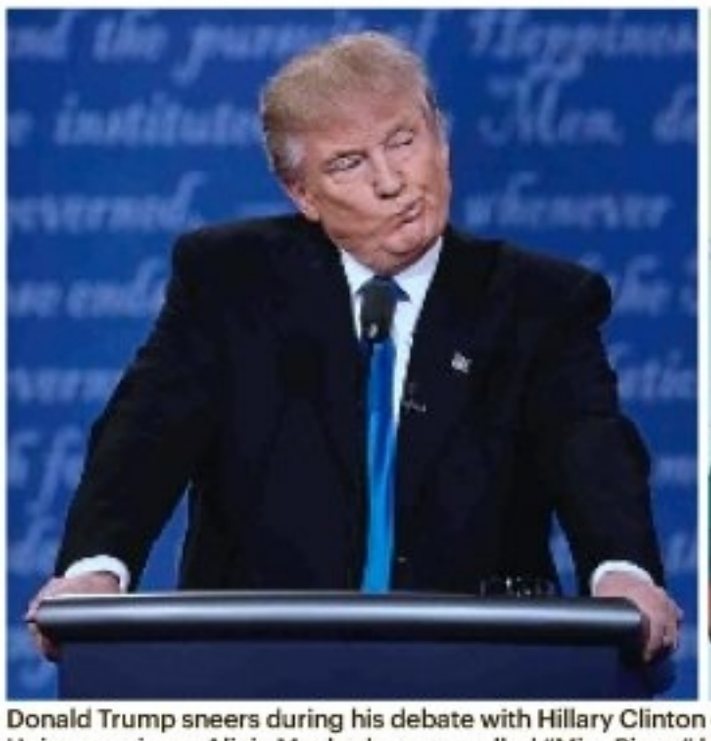
Across the country, Lisa Lowe, who was lukewarm about Clinton before Monday's debate, said Trump behaved like a "negative bully." Kris Stotler, an undecided Virginia Republican, was disappointed by Trump's jarring criticism of a former beauty queen's weight, which Clinton condemned during the faceoff.

"It's incredibly distasteful, and it doesn't stop," Stotler said of Trump. "Even if you thought that, why would you say that?"

Bennett, Lowe and Stotler were among two dozen female voters from battleground states who publicly expressed concerns about Trump's critical and often demeaning comments about women, as well as his approach toward Clinton in the debate.

After Monday's debate, Clinton's team believes it has all the ammunition it needs to rally women in the campaign's closing weeks. That's due in part to strong execution by Clinton, who arrived at the debate armed with numerous past statements Trump has made about women. She was particularly assertive in calling him out for once labeling 1996 Miss Universe winner Alicia Machado "Miss Piggy" after she gained weight.

But Trump also did himself few favours. He interrupted Clinton repeatedly during the debate, at times leaning into his microphone to declare "wrong!" as she was talking. And he perplexingly



Donald Trump sneers during his debate with Hillary Clinton on Monday night. Former Miss Universe winner Alicia Machado, once called "Miss Piggy" by Trump because of her weight, campaigns for Clinton in Miami in August. GETTY IMAGES

> **Even if you thought that, why would you say that?**
> Kris Stotler

stood by his criticism of Machado the morning after the debate, saying in an interview on Fox News Channel that Machado was one of the "worst we ever had" in the beauty contest he used to own.

"She gained a massive amount of weight," Trump said. "It was a real problem. We had a real problem."

Clinton's campaign quickly lined up Machado for a conference call with reporters. The Venezuelan-born Machado, now a U.S. citizen, said she hoped her story would "open eyes" about Trump in the election.

Debby Bower, a 41-year-old Democrat who lives in the Denver suburbs, said Trump's taunting of the former beauty queen was "painful to my soul."

"It hurts my heart when I hear the hateful, spiteful language that Mr. Trump uses," Bower said.

THE ASSOCIATED PRESS

Trump: I meant to do that

Donald Trump says he was holding back during his debate against Hillary Clinton because he didn't want to embarrass her.

The Republican presidential nominee addressed Monday night's debate at length for the first time publicly during a Tuesday evening rally in Melbourne, Fla. He was on his heels for much of the night, but proclaimed victory on Tuesday as he faced rowdy supporters in an airport hangar.

Trump said that Clinton was "stuck in the past" during the debate. He said she defended "the horrible status quo" for the 90 minute debate-stage clash.

He added, "I was also holding back — I didn't want to do anything to embarrass her."

He previously said he held back to avoid embarrassing the Clintons' daughter, Chelsea, who also was in the debate audience.

Trump's team said he was planning to bring up Bill Clinton's infidelities during the debate, but changed his mind.

THE ASSOCIATED PRESS

Battle rages harder for besieged Syrian city of Aleppo

With international diplomacy in tatters and the U.S. focused on its election, the Syrian government and its Russian allies are seizing the moment to wage an all-out campaign to recapture Aleppo, unleashing the most destructive bombing of the past five years and pushing into the centre of the Old City.

Desperate residents describe horrific scenes in Syria's largest city and onetime commercial centre, with hospitals and underground shelters hit by indiscriminate airstrikes that the UN said may amount to a war crime.

Debris covers streets lined with bombed-out buildings, trapping people in their neighbourhoods and hindering rescue workers. On Tuesday, activists reported at least 11 people killed in airstrikes on two districts in the rebel-held part of Aleppo.

The battle for Aleppo is unlikely to be an easy one for government forces because the isolated rebels say they are determined to "fight until the end" to defend their neighbourhoods. Insurgents outside the city could also attack government troops to try to reduce pressure on comrades trapped inside.

Civilians and rescuers gather in the Al-Shaar neighbourhood of Aleppo on Tuesday. KARAM AL-MASRIKARAM AL-MASRI/AFP/GETTY IMAGES

If government forces and their allies capture the rebel-held eastern neighbourhoods, it would be a turning point in the 5-1/2-year-old civil war that has killed more than 250,000 people and displaced half of Syria's population.

Over the course of the conflict, the government has slowly regained control of major cities. Its aim appears to be securing what some analysts call "useful Syria" — a portion containing the four largest cities of Aleppo, Damascus, Homs and Hama, along with its Mediterranean coast.

Aleppo is the last of the major cities still being contested, and it could take government forces between six months and a year to capture it, unless they aim to "annihilate" the politically significant city, a Western diplomat told The Associated Press. The envoy, who is familiar with the ceasefire talks that have faltered, spoke on condition of anonymity because of his government's regulations.

Once all of "useful Syria" is in government hands, international diplomacy would have to determine the fate of the jihadi-controlled northwest and those areas dominated by the main Kurdish militia and the Daesh militant group.

THE ASSOCIATED PRESS

Shimon Peres in 2013. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS FILE

Shimon Peres dead

ISRAEL

Ex-president, prime minister was 93 years old

Shimon Peres, a former Israeli president and prime minister, whose life story mirrored that of the Jewish state and who was celebrated around the world as a Nobel prize-winning visionary who pushed his country toward peace, has died, the Israeli news website YNet reported early Wednesday. He was 93.

Peres' condition worsened following a major stroke two weeks ago.

In an unprecedented seven-decade political career, Peres filled nearly every position in Israeli public life and was credited with leading the country through some of its most defining moments, from creating its nuclear arsenal in the 1950s, to disentangling its troops from Lebanon and rescuing its economy from triple-digit inflation in the 1980s, to guiding a skeptical nation into peace talks with the Palestinians in the 1990s.

Former prime minister Stephen Harper posted a message on Twitter saying he and his wife, Laureen, "are saddened to learn of the passing of dear friend Shimon Peres." Harper offered "sincere condolences to the Peres family and to the people of Israel.

Former foreign affairs minister John Baird also expressed his condolences on Twitter, calling Peres a "wonderful human being" and that the world has lost a great statesman and that both he and Canada "have lost a friend."

"Few have accomplished more for the advancement of Israel and the Jewish people than Shimon Peres," said Conservative interim Leader Rona Ambrose in a statement.

THE ASSOCIATED PRESS

GERMANY

Xenophobia assumed in mosque bombing

Two homemade explosive devices were set off outside a mosque and a conference centre in the eastern German city of Dresden, police said Tuesday. Nobody was hurt.

Dresden police said in a statement that there was no immediate report on the extent of damage from the explosions late Monday.

"Even though we do not have a letter of confession, we must assume there's a xenophobic background," Police President Horst Kretschmar said.

German Interior Minister Thomas de Maiziere called the attacks "outrageous" and condemned them sharply.

> **We don't want these things to happen in Germany.**
> German Interior Minister Thomas de Maiziere

"Aggression against people who are practising Islam is increasing in Germany," he said. "Fortunately, people didn't get hurt, but we don't want these things to happen in Germany."

An imam with his wife and two sons were inside the mosque at the time. They were not injured, but the entrance door was forced into the building by the blast. Police said they increased security outside mosques all over Dresden.

"I looked out of the window and saw how somebody with a motorcycle helmet threw something," the imam's son, Ibrahim Turan, told the daily Bild newspaper. "First I thought it was a stone, but then there was a loud bang and the door was on fire."

THE ASSOCIATED PRESS

IN BRIEF

Parents sued over son who killed little girl over puppies

The parents of an 11-year-old boy who fatally shot an eight-year-old girl after she refused to show him her puppies are being sued for $10 million US. The wrongful death lawsuit filed Monday in Tennessee, on behalf of the girl's mother, Latasha Dyer, argues that Jason and Mary Ann Tiller had a duty to keep their son from harming others with a firearm.

Makayla Dyer was playing outside her home in October when the boy asked her to get the puppies, and shot her after she refused. The boy was found guilty of murder and sentenced to remain in custody until he turns 19.

THE ASSOCIATED PRESS

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How much would you pay to punch this face?

People who have mentioned that they'd like to punch Martin Shkreli in the face may finally have their chance. The former Turing Pharmaceuticals CEO tweeted out Monday that he's auctioning off the right to "one slap/punch in the face to benefit my friend Mike who passed away & leaves behind a young son who survived cancer." Shkreli came under fire after he jacked up the price of a life-saving AIDS drug by over 5,000 per cent, up to $750 US a pill. REBECCA WILLIAMS/METRO

market minute

DOLLAR
75.74¢ (+0.19¢)

NATURAL GAS: $3.05 US (–1¢)
DOW JONES: 18,228.30 (+133.47)

TSX
14,558.04 (–61.42)

OIL
$44.67 US (–$1.26¢)

GOLD
$1,330.40 US (–$13.70)

Airlines facing bag fees lawsuit

CHECKED BAGGAGE

Proposed class action targets Air Canada, WestJet

Air Canada and WestJet are facing a potential class action lawsuit after imposing checked baggage fees only days apart.

The proposed class action alleges that the two airlines colluded to impose the fees and have unjustly enriched themselves in the process.

"I just thought it was so wrong, what the airline companies were doing," said Lorne Hodel, lead plaintiff of the lawsuit.

The statement of claim, filed in the Court of Queen's Bench for Saskatchewan, says WestJet announced a $25 baggage fee on Sept. 15, 2014, and Air Canada followed suit on Sept. 18.

The claim alleges it would have been "impossible" for Air Canada to be ready to implement the fees only days after WestJet, indicating collusion between the airlines.

Tony Merchant, the class action lawyer who filed the claim, said it was also suspicious that Air Canada announced the same fee structure as WestJet, with both adding a $25 fee for a first checked bag for economy passengers in Canada.

Merchant said the airlines charged more, without providing extra services.

A proposed class action statement of claim alleges it would have been "impossible" for Air Canada to be ready to implement the baggage fees only days after WestJet. TORSTAR NEWS SERVICE

> **I got nothing new for the 25 dollars. That's known as unjust enrichment.**
> Tony Merchant

"What new did I get for the extra 25 dollars? Well I got nothing new for the 25 dollars. That's known as unjust enrichment," said Merchant.

Air Canada and WestJet declined to comment because the matter is before the courts.

Karl Moore, an aviation expert at McGill University's Desautels Faculty of Management, found the collusion allegations far fetched. He said both airlines had already been thinking about adding the baggage fees and WestJet's move made it easier for Air Canada to add the fee as well.

He said the baggage fees are part of a wider trend of unbundling fees on airlines. "You pay more for meals, you pay more for the seat you want, you pay for bags. They've unbundled, and this is just part of that unbundling process," said Moore.

The proposed class action, which has yet to be certified, seeks to have baggage fees refunded along with other damages.

THE CANADIAN PRESS

IN BRIEF

Crown wants eight years for woman in Ponzi scheme

A Crown lawyer says a B.C. woman who bilked 28 investors out of millions of dollars and potentially compromised the Canadian economy should get a seven- to eight-year prison sentence. Kevin Mark told a provincial court sentencing hearing that Rashida Samji lied to close friends, a cousin and a former employee in her notary practice to collect investments ranging from $50,000 to $12 million.

THE CANADIAN PRESS

U.S. probing Wells Fargo for possible worker abuse

The U.S. Labor Department is investigating possible abuses of employees by Wells Fargo in connection with the bank's alleged efforts to open millions of unauthorized accounts to meet sales goals.

A group of senators last week asked the department to investigate whether Wells Fargo tellers, branch managers and customer service reps were harassed and threatened with termination in the aggressive sales push.

THE ASSOCIATED PRESS

Amazon ups the ante

Amazon announced Tuesday it will offer free same-day shipping, seven days a week, to customers with Prime memberships in Toronto and Vancouver. The announcement was made a week after it increased its free-shipping minimum to non-members to $35.

TORSTAR NEWS SERVICE

metro VIEWS
Your essential daily news
Wednesday, September 28, 2016

ROSEMARY WESTWOOD
ON THE ABORTION PILL

Elon Musk is going to send you to Mars, but the federal government can't figure out how provide a decades-old and long-proven means of providing a basic health-care right within our own borders.

Health Canada has royally botched the handling of a drug key to women's health, and fundamental to their rights, yet again.

But it's only the latest, appalling proof of our sexist, laissez-faire commitment to abortion access.

After taking an incredible 27 years (nearly my lifetime) to approve the abortion pill known as Mifegymiso — and a full 16 years longer than the United States, itself no bastion of abortion rights — Canadians can finally, finally, expect to access the drug early next year.

But it will not be covered by most health plans. In fact, none, except Quebec's, will foot the $300 bill.

To put it into context: On the day Elon Musk announced interplanetary travel "within ten years," Health Canada admits it can't even cover a simple abortion treatment that is already in use in 60 countries around the world and deemed by the World Health Organization to be an essential medicine. Musk is going to send you to Mars, but Health Canada can't figure out how provide the decades-old and long-proven abortion pill within our own borders.

This time, as always, the ministry has an excuse. And, unsurprisingly, it blames a drug company. Celopharma Inc., which will distribute Mifegymiso, has said it can't pay the $72,000 fee for the Common Drug Review, a mandatory requirement for

Like all discrimination, this country's sexist abortion laws hurt the remote and less wealthy the most.

acceptance to provincial health care plans in English Canada. Thus, Ottawa claims its hands are tied.

They are not.

Quebec does such a review for free. Not only that,— it's already home to nearly half of this county's abortion clinics. Think about that. A quarter of Canadian women already have access to half the nation's abortion clinics, and they'll be the only ones able to access the abortion pill under their provincial health care.

SIGN SAYS IT ALL A protester brandishes a placard at a pro-choice demonstrators in front of the New Brunswick Legislature in Fredericton in 2014. THE CANADIAN PRESS FILE

It seems clear that French-speaking Canada cares far, far more about reproductive rights than the rest of us.

Health Canada's excuse would be more believable if it hadn't already imposed a series of rules around the abortion pill that doctors have warned could prove prohibitive. The ministry has required doctors to be trained to prescribe the pill, has suggested doctors should physically oversee the first step of administration, and has required doctors themselves to sell the pill.

Even B.C.'s Health Minister called the totality of these rules "onerous" and a risk to patient safety, as reported by the Globe and Mail, which broke the latest news of the $300 price tag.

A Globe editorial called the entire debacle "paternalistic." Dr. Wendy Norman, the Canadian Institutes of Health Research chair in family planning, has dubbed the rules "demeaning."

Without question, they are sexist.

But then, so is the history of abortion access here.

Only this year has P.E.I. been forced to offer abortions in-province through a lawsuit. Only last year did New Brunswick stop forcing women to get two doctors' approval before seeking an abortion. In medical schools across the country, abortion is nearly absent. It's not even mentioned in mandatory lectures at one-third of schools, and there's no standardized curriculum.

That is an outlandish state of affairs given how common abortions are: Nearly one-third of Canadian women have had at least one abortion, according to Norman's own research.

Let's repeat: We have a physician-training system that ignores one of the most unifying procedures in Canadian women's lives. And like all discrimination, this country's sexist abortion laws hurt the remote and less wealthy the most.

Those outside our major urban centres have a much lesser chance of finding an abortion clinic nearby. Those on low incomes will be far less likely to afford the $300 charge. And the situation is only getting worse. In recent years, there's been a "substantial decline" in the number of rural abortion providers, Norman's research has found.

All of this is not the problem of Celopharma Inc. — it's Health Canada's. The pharmaceutical industry doesn't have a duty to protect the rights of Canadian women, and to offer fair and unhindered access to basic health care. Health Canada does.

And Justin Trudeau — who took so much heat and won so much praise for requiring a pro-choice stance within his party — should put our money where his mouth is.

He should demand Health Canada that find a work-around to the review problem. He should demand better access to abortion clinics for women who would chose them.

Doesn't matter what he calls himself — Trudeau's no feminist unless he does.

The personal has gotten political for black athletes

Vicky Mochama
For Metro

We're now through Week 3 of the NFL's regular season, and Colin Kaepernick is still sitting out.

Players from around the NFL have joined the San Francisco 49ers backup quarterback in boycotting the national anthem to protest unpunished police killings.

And on Monday Raptors star DeMar DeRozan and his teammates promised that they, too, plan to speak out against police brutality.

We're witnessing a meeting of politics and sports not seen since the civil rights era.

Some would prefer for sports to stay apolitical. I get it. Spending an entire Sunday watching impossibly large men hit each other for points is my idea of heaven. As an escape from life, football is perfect: there's a winner and a loser and there's a story. Real life doesn't have as many clean resolutions or as many reasons to eat nachos.

Historically, black athletes have tended to stay quiet on social issues. The major exception is the 1960s, when Mohammed Ali could be seen on national TV saying, "We black people, as a whole, are at war, we'll say, with the white power structure" in front of a white audience.

It didn't last. The '80s and '90's were the glory days of see-no-evil-hear-on-evil in pro sports. It wasn't that the athletes stopped caring; it was, in part, because the economic stakes rose. As TV rights, product endorsements and free agency fattened and diversified athletes' incomes, there arose a host of potential conflicts of interest that didn't used to be there. Hence Michael Jordan, the quintessential '80-'90s athlete, saying, "Republicans buy sneakers too." To a community accustomed to poverty, getting rich looks confusingly similar to getting free.

Lately, though, politics have come back to sports The Kaepernick protest and DeRozan announcement represent the culmination of a trend that had been building in recent years, especially in the NBA, the league that kicked out Donald Sterling for racist comments and that pulled the All-Star game from Charlotte after North Carolina passed a trans-phobic law.

The culture seems to be realizing anew that sports *are* real life and that real human beings are involved. In many cities with pro teams, black communities face racist policing. These are often the same police that guard the stadiums. After Bay Area police threatened not work games for Kaepernick's 49ers, Miami police suggested they would not protect Dolphins players who protested. (This is the same PD that planned to boycott a Beyoncé concert. How do racists get such good tickets?)

How can black players leave politics at home even when it literally follows them to work?

For black players, racial politics is built into the game. Sponsors who use their images are discomfited by the sounds of their voices. Their bodies and their rights might not be protected by those tasked to do so, because they used the former to exercise the latter.

A black pro athlete in America is like the first guest to arrive at a party: both a winner and a loser.

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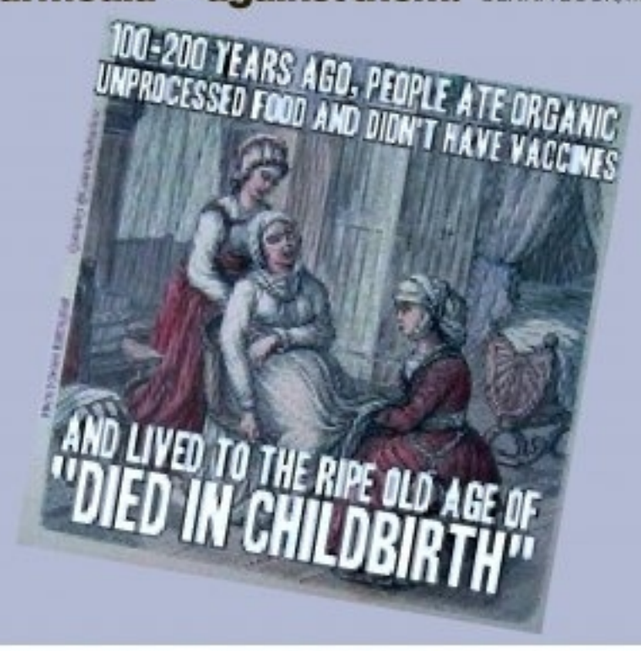
Lawren Harris' painting Mountain Forms expected to fetch $3-$5 million at auction in November

FIGHTING FAKE FOOD SCIENCE WITH MEMES

Anti-science giants of the Internet like "Food Babe" Vani Hari would have you believe that genetically modified foods are unsafe, organic choices are more nutritious, and dangerous "chemicals" are lurking everywhere. But a group of bloggers and science champions are, sometimes patiently and sometimes with some serious sass, acting as foot soldiers in the fight against food fads that have no basis in fact. **And they're turning their enemies' weapon of choice — social media — against them.** GENNA BUCK/METRO



PRO-SCIENCE MAMA
facebook.com/ProScienceMama

Who's behind it: This prolific meme-maker goes by her screen name and distinctive cat avatar, but said she's "an artisan from Finland." She started the Pro-Science Mama Facebook page after she noticed some of her child's friends' parents' sharing anti-vaccine, anti-GMO misinformation online.

What's your goal?
Education. Many people have told me that they have learned from the things I share, or changed their minds. I want to show people that not all young moms these days turn into anti-vax, modern-medicine-denying, wasting-money-on-organic-food hippies.

I am a mom, I have concerns about my kid as any other parent, but I do know that mommy instincts and gut feelings do not outweigh scientific evidence and reason.

What misinformation makes you the maddest?
I find the most frustrating topics are the ones that have been debunked time and time again, and yet people still keep repeating the same nonsense. The amount of misinformation and lies promoted by alternative health and lifestyle advocates is astonishing. I haven't had a day without a face-palm moment in a while.

What particular food myths do you want to debunk?
Anything considering organic food. Many people still believe that organic food is somehow healthier, more nutritious, pesticide-free, etc. Those are nice fairy tales, but not reality.

What have you learned about how to make debunking work?
I do it for those people who are only reading comments. It's often impossible to argue with people from the anti-vax or anti-GMO movements because they live so deep in their conspiracy-filled, paranoid world. But it is possible to reach other people who are not so fixed on their ideas. I find it important to keep a cool head. And always back up your claims with sources.

Do you think consumers are getting more science-savvy?
Probably not yet. But it's nice to see that more and more science advocates find the courage to speak up. So there is hope.

DIET VS. DISEASE
dietvsdisease.org

Who's behind it: Joe Leech, a dietitian from Sydney, Australia, in 2015 started the website Diet vs. Disease and a Facebook page where he could interact with readers because, in his words, "I was fed up with all the crazy 'remedies' I was seeing online." He also makes videos for AuthorityNutrition.com.

What kind of anti-science misinformation infuriates you the most?
Definitely natural cancer "cures" that so many large websites with big followings are sharing. This ties into conspiracy theorists. And then there's the anti-GMO movement. There's nothing to suggest GMOs are unsafe, and it's the only way we can create enough food to feed the world.

What food myths would you like to see banished?
Anything manipulative that preys on people's insecurities: It's unethical. Detox products, weight loss pills, strange diets (like the blood type diet and alkaline diet) and lemon water. There are so many stories of people following natural remedies instead of medicine and ending up worse off, or dead.

What have you learned since starting this site?
I've learned that humour works best, or being incredibly helpful and informative. Or better yet, both. Unfortunately that can be difficult to do with such serious topics.

There's a growing interest in debunking anti-science stuff on the internet. Do you feel that consumers are getting more savvy and science literate?
They're definitely asking more questions. There is still a large part of the population who have already made up their mind and somewhat reject science.

Do you have a hope of being heard over anti-science heavyweights like the Food Babe?
Absolutely. We can and will compete, it's just a gradual process. We need to observe and understand what those heavyweights do so well. Because that's where scientists have always been lacking, and is the reason pseudoscience has such a strong foothold on social (media).

SCIBABE
scibabe.com

Who's behind it: Former chemist Yvette d'Entremont started her SciBabe blog in 2014, after, she says, looking online for information about headache treatments and falling for some of the pseudoscience that she now works to debunk.

What's your goal?
To help people recognize the difference between real science and pseudoscience using relatable, funny language. And maybe some d—k jokes.

What food misinformation are you fighting?
People think certain foods are evil (gluten and dairy come to mind), that sugar is toxic (a little is fine, keep it within your caloric allowance and get your veggies first), and that GMOs are hurting the planet (I talk to farmers and scientists about this regularly — just no). If people with access to every type of food are scared into buying something that puts a budgetary strain on them, I'm trying to tell them there's science that says the marketplace is safe.

What have you learned by being scibabe?
I've learned working with humour works for a lot of people, but I'm not the right writer for everyone.

Some people would prefer just the information without the dirty jokes, and that's perfectly fine.

Are consumers getting more science-savvy?
Consumers have seen enough lawsuits on products like sneakers that claim to give you a nice butt, or herbal pills that promise weight loss. They want to know what they're buying. Does it mean they're more interested in science? I'm not sure if they want the science or the cost savings, but they're getting both.

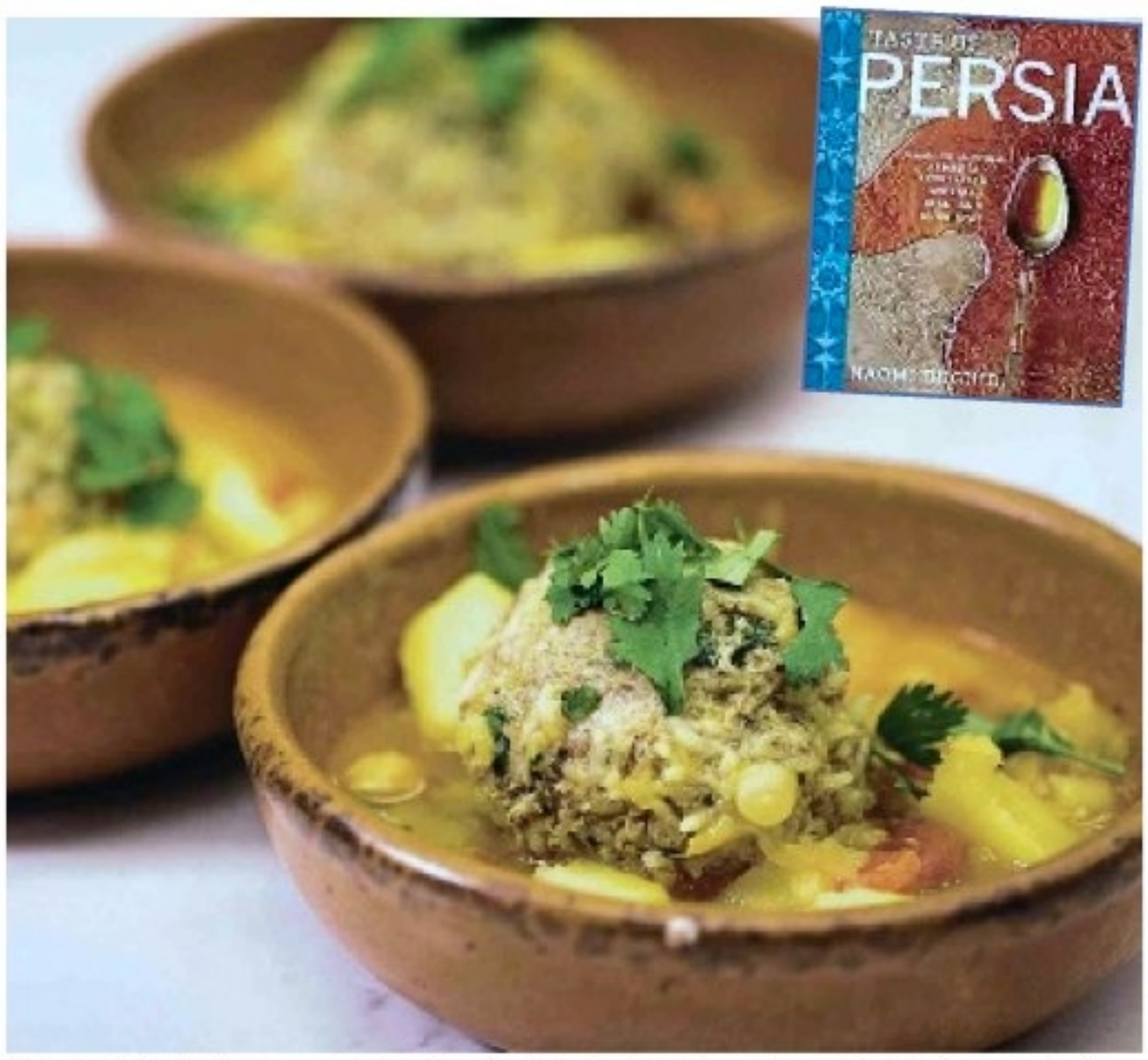
Have you had any success bringing people over to a scientific point of view?
Rarely does a week go by without an email saying "I used to follow the Food Babe until your writing made me take a closer look." The best letter I ever received was from a father of two who said he started vaccinating his kids after reading my blog.

Taste of Persia proves that flexibility is the spice of life

RECIPE

Naomi Duguid's new cookbook offers 125 meals perfect for fall

Karon Liu
Torstar News Service



A Taste of Persia is a compendium of recipes that author Naomi Duguid collected, mostly from home cooks, during her half dozen trips or so to countries in the former Persian Empire: Iran, Armenia, Azerbaijan, Georgia and Kurdistan. RANDY RISLING/TORONTO STAR

There's a mutual nervousness whenever I show a cookbook author a dish I'm making from their book. They're worried the recipe wasn't written clearly enough while I'm worried I didn't do the dish justice.

Either way, when Naomi Duguid looked at the uncooked lamb meatballs I made from her new book Taste of Persia (Thomas Allen & Son, $50), her first observation was the meatballs were too small.

No big deal. She takes off her scarf, washes her hands and proceeds to smash two of the meatballs to make one hefty, fist-sized kofta ready to be cooked, though she says if I really wanted them smaller, that's my call.

It's this theme of improvisation and flexibility that runs throughout the Taste of Persia, the highly anticipated followup to Duguid's 2012 lauded book, Burma, that explores Southeast Asian cooking.

Persia is a compendium of around 125 recipes Duguid collected, mostly from home cooks, during her half dozen trips or so to countries in the former Persian Empire: Iran, Armenia, Azerbaijan, Georgia and Kurdistan.

What better souvenirs are there than recipes for herbed sauces and spice blends, fall-friendly stews and braised meats, and crispy flatbreads?

"It's the brilliance and creativity of people making three, four meals a day for their family 365 days a year using what they have and can afford. It's the most admirable thing in the world and we all have that in common," she says.

"I want readers to feel a connection to the people of this region, and that's what I always try to do with my books — have that home cooking connection. Then when they read news about Iran they can visualize the kofta and the people behind it."

These delectable koftas can be made ahead of time and kept in the freezer.

Simply add them to boiling broth and simmer for 30 minutes. As the koftas cook, the rice inside aids the absorption of the soup, so have extra water handy in case the pot starts to dry out.

During her travels, Duguid found that every household has a different way of making koftas.

Some stuff them with chopped boil eggs rather than dried fruit, others use spices. On the streets, vendors grill rather than serve them in soup. Try experimenting with different fillings, herbs and spices.

Lahich-Style Kofta Soup

Makes 10 appetizers or 5 generous servings.

Ingredients for the koftas:
- 3 coarsely chopped yellow onions
- 2 lbs ground lamb or beef
- 1 tsp (5 mL) ground ginger
- 1/2 tsp (2 mL) ground cinnamon
- 2 tsp (10 mL) salt
- 1 tsp (5 mL) ground pepper
- 1 cup (250 mL) jasmine or short-grain rice, rinsed and drained
- 2 tsp (10 mL) dried mint or 1/2 cup (125 mL) minced fresh cilantro
- 10-20 dried apricots

Directions for the koftas:

1. In a food processor, pulse onions until a soft mush. Add meat, ginger, cinnamon, salt and pepper. Blend until well incorporated. Transfer to mixing bowl. Add rice and herbs. Knead mixture with hands until well mixed.

2. Cover bowl with plastic wrap and refrigerate for at least 1 hour or overnight.

3. With moistened hands, form meatballs by scooping 1/2 cup of the meat (or 1/4 cup for smaller koftas) and rolling into a ball. Push a dried apricot into centre of kofta. Roll kofta back into a ball, sealing apricot in centre.

Ingredients for the soup:
- Water, for boiling tomato
- 1 large tomato
- 2 tbsp (30 mL) sunflower or olive oil
- 1 grated yellow onion
- 1/4 tsp (1 mL) ground turmeric
- 4 cups (1 L) water
- 1 cup (250 mL) canned chickpeas, drained and rinsed
- 4 to 5 medium-sized red potatoes, peeled and roughly cut into cubes
- Salt and pepper, to taste
- Fresh cilantro or mint leaves, for garnish

Directions for the soup:

1. In a small saucepan over medium-high heat, bring water to a rapid boil. Score an "x" on bottom of tomato. Submerge tomato into water and let boil for 30 seconds. Drain and submerge tomato in a bowl of cold water. Peel and dice tomato into small chunks. Set aside.

2. In a large pot over medium heat, heat oil. Sauté onion and turmeric until fragrant, 3 to 4 minutes. Add tomato and cook for three minutes. Add water, turn heat up to medium-high and bring to a boil for 2 minutes.

3. Reduce heat to a gentle simmer. Add salt and pepper to taste. Add chickpeas and continue to simmer for 20 minutes.

4. Bring liquid back to a roaring boil. Add potatoes and a few meatballs, do not overcrowd pot. Cover and reduce heat to medium. Simmer for 30 minutes, or until koftas are cooked.

5. Remove koftas with a ladle and cook remaining koftas, adding additional water if too much liquid evaporates. Divide koftas, potatoes and soup into serving bowls. Garnish with herbs, if using. Serve immediately.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Chicken soup

Chicken soup may be great for a cold, but read the ingredient list carefully!

PICK THIS

Campbell's Homestyle Chicken Noodle Soup per 125ml

Calories 80
Fat 3g
Sodium 480mg

SKIP THIS

Campbell's Cream of Chicken Soup per 125ml

Calories 130
Fat 8g
Sodium 840mg

HERE'S WHY

Equivalent to over 6.5 regular servings of fries from New York Fries in sodium.

A bowl of chicken soup is the cure for whatever ails you, but beware of the sodium, fat and calories behind that cozy dish. Campbell's Homestyle Chicken Noodle gives you that warm feeling with half the sodium, fat and calories of the Cream of Chicken version, which has added oil and cream, as well as more sources of sodium.

An elegant and easy meal for midweek

Just six ingredients will have you eating this tasty veal dish. COURTESY BLACK DOG & LEVENTHAL

RECIPE

This simple sauté will help you welcome fall's cool nights

It's the plague of the modern-day moonlighting cook: 'What can I eat tonight?'

But a new book aims to solve that conundrum. Simple: The Easiest Cookbook in the World (out this week from Black Dog & Leventhal) sets out to prove cooking doesn't have to be complex. Easy, elegant and healthy recipes are only a few ingredients and steps away. Try this one tonight:

Sauté of veal with olives
Prep time: 15 min.
Cooking time: 2 hours

Ingredients:
- 1/4 cup (60 mL) of extra virgin olive oil
- 2 pounds (1 kg) of veal stew meat pieces
- 1/2 bottle (375 mL) of dry white wine
- 1 bouquet garni
- 16 fl oz. (480 mL) tomato purée
- 7 oz. (200 g) green and black olives, pitted

Directions:

1. In a large saucepan over high heat, heat the olive oil.

2. Brown the veal, about 5 minutes. Reduce the heat to medium-low and add the white wine, bouquet garni, tomato purée and pitted olives.

3. Cover and simmer on low heat, stirring occasionally. Add a little water if the sauce reduces too much.

4. Enjoy accompanied by fresh pasta, if desired.

LIZ BROWN/METRO

JOHANNA SCHNELLER **WHAT I'M WATCHING**

'CNN, your unconscious bias is breathtaking'

Hillary Clinton, seen here Tuesday, **was not described as 'presidential' by CNN pundits**, writes Johanna Schneller.
AFP PHOTO / BRENDAN SMIALOWSKI

THE SHOW: Post-U.S. presidential debate coverage (CNN)
THE MOMENT: The dramatically unequal air time

"Let's talk about Hillary," says Jake Tapper, one of CNN's post-debate panelists, to entrepreneur Mark Cuban, a Clinton supporter. "Are you surprised Trump took her bait as often as he did? Do you think he had any strong moments?"

"Did you make eye contact with him?" asks panelist Dana Bash.

"You've known Donald Trump for a long time," says Wolf Blitzer.

I am levitating off my sofa in frustration. This is "talking about Hillary"?

According to CNN's own polling, Clinton trounced Trump, 62% to 27%. She soundly defeated him in every category they measure.

Yet in nearly two hours of post-debate coverage, CNN's panelists devote a mere 10% of their time to discussing Clinton — and 90% of that is in relation to Trump, the things she said to and about him. Discussion about the policies and ideas she raised? Zero.

Cameras follow Trump into the spin room and record the sound bites he didn't get to say in the debate. Time spent in Clinton's spin room? Zero.

Most importantly: Many panelists speculate if Trump was "presidential." Not one of them uses that word for Clinton.

Finally, at 12:15 AM, Van Jones asks, "Can we talk about the things she did well?"

He mentions that Trump interrupted Clinton 51 times in 96 minutes. Paul Begala says, "It took enormous discipline [for her] to not react to that."

And then host Anderson Cooper says, "We have to take a break."

When they come back, they talk about Trump. CNN, your unconscious bias is breathtaking. Give the woman equal time.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

LIQUID ASSETS

Go back to black with Iceland export Brennivin

When you consider that beer was illegal to buy, import or make in Iceland for most of the 20th century (it didn't make a comeback until 1989) I wouldn't blame you if you thought the country was a bit backward when it came to liquor production.

Though beer brands now make up most of Iceland's liquid output, internationally it's known more for hard liquors like Brennivin (700ml, $28.95-$34.99), a clear as glass schnapps-style spirit. Since it's made from grain, or potatoes, and flavoured with caraway, it's technically an aquavit, a spirit typically taken as a shot. With its light caraway flavour Brennivin is surprisingly subtle and smooth, especially when served ice cold.

Prices reflect the range across the country. PETER ROCKWELL/ FOR METRO

SHOMI SHUTTERING

There's still appetite for streaming

Rogers and Shaw have decided to throw in the towel on their streaming service Shomi, but many other subscription streaming video services are about to launch in the U.S., as the model is still seen as the future of video consumption.

Netflix's wild success over the past five years may have tagged app-based subscription-based streaming services as the future of television, but Shomi's sudden demise shows that competing with that company is a tough road to follow.

A Rogers executive described Shomi as an experiment, but one that didn't have enough fans to survive.

"It's like a great cult favourite with a fantastic core audience that unfortunately just isn't big enough to be renewed for another season," said Melani Griffith, Rogers senior vice-president of content, in a statement.

Most streaming services rarely give out subscriber numbers, but the head of Shomi said Tuesday the service "approached 900,000."

"Even today we are not far off that number, which would likely make Shomi a Top 10 service in North America," said David Asch, senior vice-president and general manager, Shomi.

Shomi is shutting down Nov. 30, and **it's not yet clear how Canadians will be able to watch shows like Transparent**, which streams exclusively on the Rogers and Shaw-owned service.
THE CANADIAN PRESS/AP-BETH DUBBER/AMAZON STUDIOS VIA AP

Many of those users likely received a Shomi subscription as part of a promotion tied with their cable packages, so it's unknown how many of those hundreds of thousands were paying the full $8.99 subscription price.

A little over two years ago, Shomi was conceived as an add-on for both Rogers and Shaw's television customer, supposedly to help future-proof the giant telcos against the loss of cord-cutters. It was to take on Netflix at its own game.

"Definitely streaming is desired and is growing," says Adrian Chung, director in the telecom, media and technology practice at J.D. Power.

"What we found with customers in general is that they want choice, control and on-demand programming — and streaming provides those three pieces of that puzzle," he said.
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NORTHEAST CALGARY IS FUN FOR THE WHOLE FAMILY

Move over Calgary Tower and the Saddledome — north Calgary is becoming the new hotspot for family friendly fun.

This quadrant of the city (north of Highway 1 and 16 Ave. NE) is home to all sorts of all-ages entertainment, including museums, parks, zoos, farmers' markets and more.

Visit the north end to explore the Calgary International Airport, where you'll find the Aero Space Museum of Calgary (4629 McCall Way NE). From summer camps to aircraft-related movie nights, this first aviation museum — this first of its kind in Calgary — is home to 24 historic aircraft in a 21,000 square-foot hanger. Visitors can check out a Lancaster Bomber, Dehavilland Vampire and other airborne antiques while perusing ongoing exhibits that represent the history of aviation and space technology in western Canada.

Also on the aviation front, SpacePort (2000 Airport Rd. NE) offers hands-on exhibits and displays, plus authentic and Canadian Space Agency artifacts.

For animal lovers, the Calgary Zoo (1300 Zoo Rd. NE) is Canada's second largest, a wonderful way to spend a day whatever your age. Visit the Penguin Plunge, see gorillas, snakes and crocodiles at Destination Africa and greet tigers and red pandas in the Eurasia exhibit. No visit is complete without a stop at the prehistoric park, which offers an educational trip back in time. Events, camps and family programs run at the zoo year-round.

Science experiments can be exciting for both the young and old. Geek out at the TELUS Spark Science museum (220 St. Georges Dr. NE). Learning and fun go hand-in-hand here, and it's not just for kids — in fact, there are adult-only nights held on occasion. It's a popular spot for all to explore new ideas, build, create and play.

Make sure to take the kids to Brainasium, a one-acre all-weather outdoor park.

The Grassroots Deerfoot Outdoor Farmers' Market (at the NE parking lot in Deerfoot City) sees 45 vendors offering fresh fruit and vegetables, meats, plants, soups, baked goods, honey, wine, pizza and crafts every Tuesday from June to September. This thriving market gives residents of the northeast the best in fresh, local and seasonal fare.

For opportunities to live in Calgary's vibrant northeast, visit liveatcornerstone.ca.

The TELUS Spark Science Centre provides creative, hands-on fun for the young and old.
CONTRIBUTED

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Out of Scion's ashes, Toyota 86 rises

REVIEW

The 86 is built with driving enjoyment in mind

Dan Ilika
AutoGuide.com

Like a Hellcat in the rain, Toyota's Scion failed to gain traction.

It wasn't, however, for a lack of enjoyable and affordable products, with a handful of solid offerings throughout the youth-oriented brand's lineup, including the FR-S coupe. It was back to the basics in a market flooded with anything but; an honest-to-goodness sports car in the purest sense. So as the death knell tolls for Scion, the FR-S lives on, rebadged as the 2017 Toyota 86.

As one of only three Scion models to be salvaged, the 86, née FR-S, gets a fistful of new goodies as part of its welcome to the Toyota lineup. Slight styling enhancements, including redesigned front and rear fascias, LED lighting all around, and a new 17-inch wheel design, while changes to the interior include a smaller steering wheel and synthetic suede trim.

Mechanically, the 86 gets a few minor tweaks, including revised spring rates and shock tuning, standard hill-start assist regardless of transmission choice to keep the car from rolling backwards, and new intake and exhaust manifold designs. And, like the Subaru BRZ with which the 86 shares its platform, manual versions of the 2.0-litre boxer four-cylinder-powered coupe get a modest five horsepower increase, and a boost in the torque department.

The 86 was built with the basics of driving enjoyment in mind. Brute power is not necessary to have fun in the Toyota 86, and so brute power isn't part of the package. Even with the slight bump in output, the car is the least powerful in its segment by a long shot. But that doesn't mean it isn't fun; quite the contrary, actually.

The 86 may lack power, but it makes up for it by being light. With a suspension setup that is neither too soft nor too stiff, the car can be tossed into a corner with little recoil, the thick sway bars keeping body roll to a minimum, the car poised for the next turn. Even with track mode engaged — and with it traction control turned off — the 86 offers plenty of road-hugging ability.

The Scion brand may be dead, but its youthful essence is alive and well in the 2017 Toyota 86.

THE CHECKLIST | 2017 TOYOTA 86

THE BASICS

Engine: 2.0L flat four-cylinder
Power: 205 hp, 156 lb-ft (manual)
Transmission: Six-speed manual; six-speed automatic
Fuel Economy (L/100 km): 11.3 city, 8.3 hwy (manual)
Price: Starts at $31,270 (destination included)

LOVE IT

- Responsive handling
- Balanced ride
- Turn-key fun factor

LEAVE IT

- Automatic transmission
- Soft clutch feel
- Outdated center stack

Tesla's 'enhanced safety requirement'

CHEVROLET

New Equinox debuts with diesel option

Chevrolet is going to offer the segment's first turbo-diesel with the new 2018 Equinox. The available 1.6-litre turbocharged diesel four-cylinder engine joins the lineup. It is an all-new design that will deliver an estimated 136 horsepower. The 2018 Chevrolet Equinox will go on sale spring 2017 and the turbo-diesel engine will arrive in summer 2017.

JASON SIU/AUTOGUIDE.COM

GENERAL MOTORS

BENTLEY

Fastest diesel SUV debuts

Bentley has introduced its first diesel model ever. Considering the gasoline-powered Bentley Bentayga claims the title of world's fastest and most powerful SUV, it's no surprise the Bentley Bentayga Diesel is also the world's fastest diesel SUV. Sporting a 4.0-litre triple-charged diesel V8 engine, the Bentayga Diesel delivers a class-leading 429 horsepower. JASON SIU/AUTOGUIDE.COM

BENTLEY

THE ASSOCIATED PRESS FILE

TECHNOLOGY

Update improves autopilot system

Tesla is forcing its drivers to take the wheel following a software update aimed at improving the safety of the automaker's Autopilot system.

In what the automaker is calling an "enhanced safety requirement," the car's computer will disable Autosteer if the driver "ignores repeated warnings" and won't allow the system to be reengaged until the car is parked.

Tesla didn't say how many warnings the system would provide the driver before disabling the system.

The changes to the self-steering system are part of a larger software update that emphasizes the use of radar over cameras when Tesla's semi-autonomous Autopilot system is engaged.

DAN ILIKA/FOR METRO

CLUBMAN

New MINI goes all wheel drive

The MINI John Cooper Works Clubman has been introduced with a new all-wheel-drive system. Sporting a turbocharged 2.0-litre four-cylinder engine, the new MINI John Cooper Works Clubman is the first model from the British automaker to combine the John Cooper Works performance enhancements with the new ALL4 all-wheel-drive system.

JASON SIU/AUTOGUIDE.COM

IN BRIEF

Audi A4 Only AWD sedan in its class to offer manual transmission

Not only will Audi be the only luxury manufacturer offering a manual sedan with standard all-wheel-drive in the A4's competitive segment, but its transmission also weighs almost 16 kilograms less and gets you to 100 km/h faster than the previous version. The new six-speed manual transmission has been redesigned to perform better and more efficiently, with the unit being more proficient at sending power to the front wheels in low gears.

SEBASTIEN BELL/AUTOGUIDE.COM

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metro SPORTS

"I'm not sure there's any prospect of progress being made": NHL deputy commissioner Bill Daly on NHL participation at the 2018 Winter Olympics

Advantage Team Canada

WORLD CUP OF HOCKEY

Red and white can raise trophy with win on Thursday night

Dominance it was not, but Team Canada still did enough to capture Game 1 of the World Cup of Hockey final.

Carey Price made 32 saves and the top line of Sidney Crosby, Brad Marchand and Patrice Bergeron chipped in with two more goals as Canada beat Europe 3-1 on Tuesday night.

Steven Stamkos scored the eventual game-winner, with Marchand and Bergeron also finding the back of the net.

Earlier in the day Canadian head coach Mike Babcock said the World Cup, for all its good, could not replace the Olympics "where the heat's on you and you've got to deliver."

"Let's not get confused," he said.

And indeed, the opener lacked the intensity, emotion or inherent tension that the race for a medal at the Olympics offers. The game had more of the feel of an exhibition match than the final of a top international tournament. There was no pushing and shoving between whistles or apparent verbal sniping between the two benches.

Canada didn't dominate like it had previously.

Some of that was resistance from Europe, a concept team that's unlikely to return for future World Cups. They offered what's become a standard fight in the first game of perhaps their only final appearance, limiting Canada's chances while generating more than a few of their own.

It was testament to the overwhelming talent disparity between the two teams that Canada grabbed a 2-0 lead after the first.

Team Canada defenceman Brent Burns collides with Team Europe's Thomas Vanek in Toronto on Tuesday night.
NATHAN DENETTE/THE CANADIAN PRESS

FINAL Game 1

3	1
CANADA	EUROPE

The Europeans were actually the better team through 20 minutes. They outshot the Canadians 13-9, sustained lengthy stints in the offensive zone and even had the best early chance of the game, a Tomas Tatar shot in tight that was denied by Price.

But Canada capitalized on its chances as a team with this much firepower often does.

Europe scored its only goal when Dennis Seidenberg sent a shot from the sideboards through a maze of traffic, the deflected attempt was found by Tatar, who slipped a shot past Price to make it 2-1.

Crosby had a pair of assists on the night.

Canada can clinch the World Cup trophy with a victory on Thursday night.
THE CANADIAN PRESS

CFL

Grieving Stamps return to practice

It was back to work for the Calgary Stampeders on Tuesday after the loss of a teammate on the weekend, but the memory of Mylan Hicks wasn't far from the players' minds.

Jamar Wall will start wearing Hicks' number 31 beginning at this weekend's game in Hamilton. Wall said he had taken Hicks under his wing to help a fellow defensive back who was on the team's practice squad.

"I felt like that was something I should do, being a leader on the back end and him being in my position, loving him like a true brother that would be my privilege to do that in honour of him," Wall said following practice.

Hicks, who was 23, was shot outside a nightclub following an altercation early Sunday morning. He was taken to hospital in life-threatening condition and later died.

Several players, including Wall, were at the bar after their win over Winnipeg.

"I was there but I missed the actual incident," he said. "Being there ... it's something you can't explain. You can't describe. There's no words for it."
THE CANADIAN PRESS

SUSPECT

Police have charged Nelson Tony Lugela, 19, with second-degree murder.

MLB

Sanchez baffles O's bats in Jays' victory

Aaron Sanchez pays tribute to the late Jose Fernandez upon taking the mound on Tuesday. GETTY IMAGES

Josh Donaldson hit a two-run homer and Aaron Sanchez pitched six solid innings as the Toronto Blue Jays downed the Baltimore Orioles 5-1 on Tuesday in a matchup of American League wild-card holders.

Ezequiel Carrera hit a solo shot and added another RBI for the Jays (87-70), who extended their lead for the first AL wild card to two games over Baltimore.

Sanchez (14-2) allowed one run on five hits with two walks and 10 strikeouts. THE CANADIAN PRESS

IN BRIEF

Phelps' advice falls on Lochte's deaf ears

Add Michael Phelps' name to the list of Americans who were less than amused by teammate Ryan Lochte's post-competition, early morning drunken antics at the Rio Olympics.

"I did have a talk with him about two days before about not doing anything bad," said Phelps, who retired after the Summer Games as the most-decorated Olympian of all time. "I told him, 'Just keep your head on straight. Have fun.'" THE ASSOCIATED PRESS

Kulak a one-man wrecking crew in Flames' shutout

Brett Kulak scored a pair of goals and added an assist as the Calgary Flames blanked the Winnipeg Jets 3-0 in NHL pre-season action Tuesday.

The 22-year-old defenceman assisted on Freddie Hamilton's first goal of the game and then took advantage of a mishandled puck behind Winnipeg's net to make it 2-0 in the second period. Kulak then upped it to 3-0 at 13:10 of the third, flipping it past Jets goalie Eric Comrie. THE CANADIAN PRESS

NHL CENTENNIAL CELEBRATION

Gretzky takes on role of ambassador

Wayne Gretzky already planned to attend this season's Winter Classic, all-star game and Heritage Classic, so it was a no-brainer for the Great One when NHL commissioner Gary Bettman asked him to take an official role in the league's centennial celebration.

As the "ambassador" for the festivities, Gretzky returns to the NHL in an official capacity for the first time since 2009, when he served as part-owner, coach and head of hockey operations with the Phoenix Coyotes.

"I've always said this thousands of times: it's the greatest game in the world. Everything I have in my life is because of the National Hockey League and the game of hockey. So when the commissioner called me a couple months ago and asked me if I wanted to be involved I said 'Absolutely,'" Gretzky said Tuesday, sharing a stage with Bettman at Air Canada Centre.
THE CANADIAN PRESS

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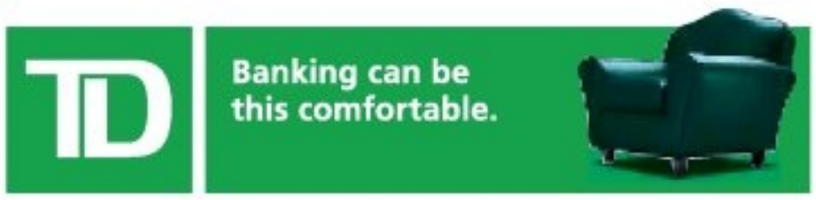

[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

RYDER CUP

Europeans ready to face the 'greatest'

Davis Love III said he was only trying to illustrate why his U.S. team should play with more swagger in the Ryder Cup. His comments wound up providing plenty of fodder for the Europeans, and perhaps a little extra motivation.

The catch phrase for this Ryder Cup: "Best golf team maybe ever assembled."

That's what Love said in a radio interview last week. Rory McIlroy seized on it last weekend, joking that the Americans at least had the best Ryder Cup Task Force ever assembled.

"Whenever we are going up against one of the greatest teams ever assembled, that's motivation enough," McIlroy added Tuesday.

Adding to the bulletin-board material was NBC Sports analyst Johnny Miller saying Europe had the worst team he had seen in years.

The record shows otherwise. Europe has won eight of the last 10 times in the Ryder Cup dating to 1995.

"At the end of the day, you don't win the Ryder Cups with your mouth," Sergio Garcia said.

THE ASSOCIATED PRESS

CHAMPIONS LEAGUE LEICESTER IMPROVE TO 2-0 Islam Slimani heads in Leicester's goal in Tuesday's 1-0 win over Porto. The Premier League champion Foxes are 2-0 in the Champions League with the win. IAN KINGTON/AFP/GETTY IMAGES

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Big Sam's big shame

INTERNATIONAL SOCCER

England coach canned after newspaper sting

Sam Allardyce lost his job as England manager on Tuesday after one match and just 67 days in charge, paying the price for damaging comments to undercover reporters that were deemed "inappropriate" by the English Football Association.

British newspaper The Daily Telegraph published video of Allardyce appearing to offer advice on how to sidestep an outlawed player transfer practice and also to negotiate a 400,000-pound ($519,000 US) public-speaking contract while talking to reporters posing as businessmen.

The FA acted swiftly, holding emergency talks with Allardyce in London before announcing the end of his short-lived tenure by mutual consent.

"In light of the media allegations that we've seen," FA chief executive Martin Glenn said, "we've concluded — and Sam's agreed — that his behaviour has been inappropriate and frankly not what is expected of an England manager."

Asked about how Allardyce had reacted, Glenn added: "I know personally that he is deeply, deeply upset and deeply regrets the error of judgement, but I also think that he understands why The FA has had to take this tough decision."

The 61-year-old Allardyce was hired to his dream job on July 22 and had a contract through 2018. He is the shortest-serving England manager.

Allardyce said he was "deeply disappointed" with the FA's decision.

"Although it was made clear during the recorded conversations that any proposed arrangements would need the FA's full approval," Allardyce said, "I recognize I made some comments which have caused embarrassment."

Gareth Southgate, the manager of England's under-21 side, will take charge of the senior team's next four matches — against Malta, Slovenia, Scotland and Spain — while the FA searches for a new coach. After opening World Cup qualifying with a victory in Slovakia, England plays Malta on Oct. 8 and Slovenia on Oct. 11.

The Telegraph published its undercover investigation in its Tuesday edition, under the front-page headline: "England manager for sale."

Allardyce met people he reportedly thought were representatives of an Asian firm. In a grainy, edited video, he is recorded as saying it was "not a problem" to circumvent FA rules that stop third parties from owning the economic rights of players. FIFA has banned third-party ownership as a threat to the game's integrity because investors force transfers to make a profit.

"You can still get around it," the former Sunderland and West Ham manager said in the recording. "I mean obviously the big money's here."

THE ASSOCIATED PRESS

Sam Allardyce GETTY IMAGES

RECIPE Pumpkin Pasta with Ricotta and Sage

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Don't let lattes have all the pumpkin fun, try fall's all-star veg in this creamy, delicious pasta.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves 4

Ingredients
- 500 g pasta
- 1 Tbsp olive oil
- 2 shallots, diced
- 2 cloves garlic, minced
- 1 Tbsp fresh chopped sage, plus more for garnish
- 1/4 cup ricotta
- 1 cup pumpkin purée
- 1 cup chicken broth
- fresh grated nutmeg to taste
- Salt to taste
- 1/4 cup water
- 1/2 cup Parmesan cheese, plus more for garnish

Directions
1. Cook the pasta according to package directions. Once the pasta has reached al dente, reserve 1/4 cup of the cooking water and drain the rest.
2. While your pasta is cooking, heat olive oil in a large skillet over medium heat. Add the shallots, garlic and sage and cook until tender, about 5 to 7 minutes.
Add the ricotta, pumpkin purée, chicken broth, nutmeg and a pinch of salt; stir until combined.
3. Stir in the pasta and coat with the sauce. Add reserved pasta water to thin the sauce to desired consistency. Mix in the Parmesan cheese.
4. Serve the pasta with a sprinkling of Parmesan cheese and chopped sage.

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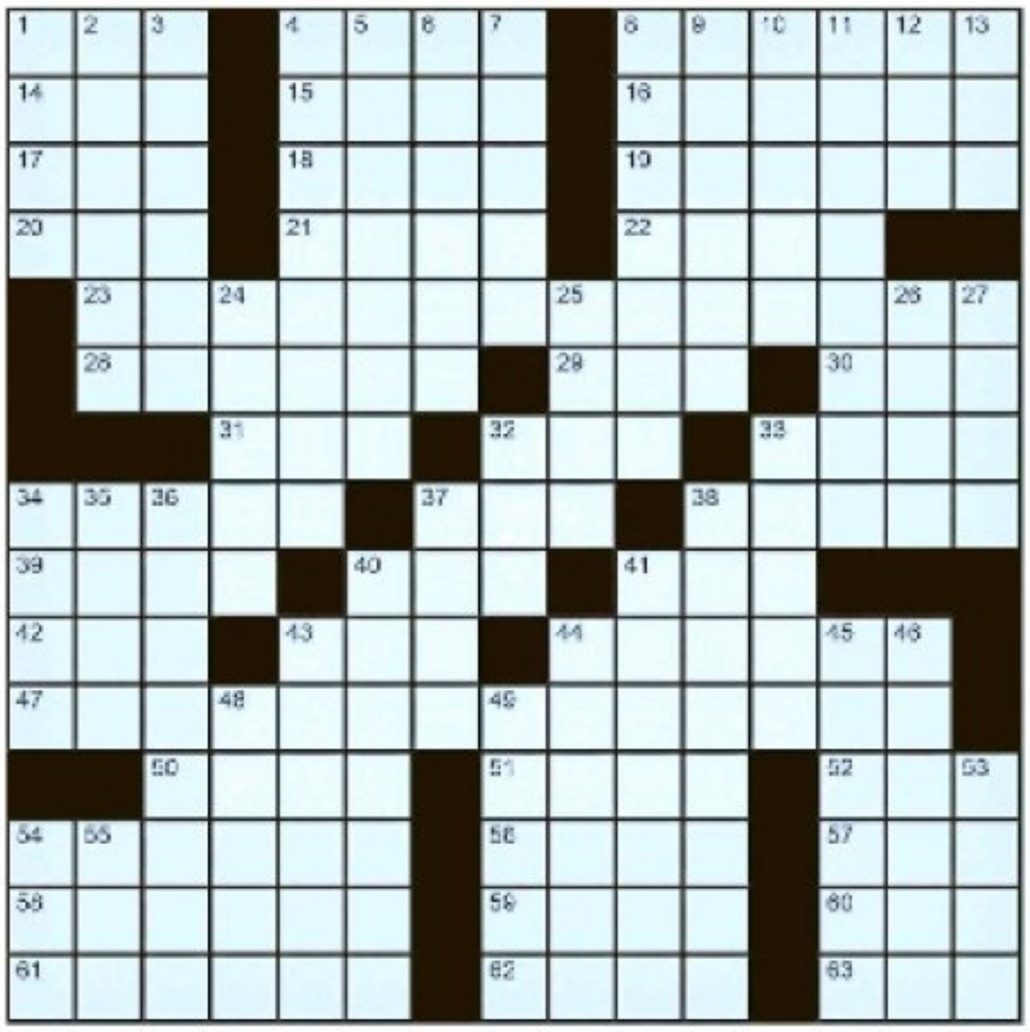
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Universal principle
4. "_ Las Vegas" (1964)
8. Green-on-copper
14. MLB official
15. '70s superheroine ancient Egyptian goddess TV series
16. Sounded off
17. Spelling contest
18. Missing laundry item
19. Like a deposited river
20. Ms. Jillian
21. Whodunit board game
22. Mr. Meyers
23. Celebrated Cambridge couple currently in Canada: 3 wds.
28. Enemy of ancient Athens
29. "_ _ Mine" by The Beatles
30. Fluffy scarf
31. Actress Charlotte
32. Physicians, puny-ly
33. Vera of fashion design
34. Model of perfection
37. Green gunk
38. Cleaning cloth's characteristic
39. Pinball infraction
40. Boo-_
41. Tina of comedy
42. Nightfall
43. Soup sort
44. Inclines
47. As per #23-Across... _ _ of Yukon History (Stop in Whitehorse today ...More at #50-Across!)
50. As per #23-Across and #47-Across... Royal _ of Canada
51. Turns to compost
52. Floor covering
54. Officer in "A Few Good Men" (1992)
56. Merle Haggard's "_ from Muskogee"
57. US medicine watchdog
58. X- and Y- in math class
59. Shelters
60. Baby bird's birthplace
61. School break
62. Work units
63. Actor, Billy _ Williams

DOWN
1. Orchestra standout
2. Makes right
3. Divulge the details: 2 wds.
4. Intuitive
5. Sequester
6. Llama-like woolly animal
7. Called for
8. Arboreal marsupials
9. For each one
10. Farmland
11. A sure thing: 3 wds.
12. Society pages word
13. What a calculator can do
24. Gold measurement, variantly
25. "White Flag" songstress
26. "Your _" by Elton John
27. Like a herbalist's advice?
32. Bovine's bellow!
33. Garth's Canadian-created pal in movies
34. Newspaper piece
35. Prima donna
36. 'E' of GE
37. Incite
38. Appraise anew
40. Paris Hilton, for one
41. Grooves in architectural columns
43. Trims
44. Cigarettes purchaser
45. Covered in sods, like the yard
46. Eyeliner error
48. Idaho's capital
49. Wear, weather-style
53. _ Park, in Hamilton
54. Scratch
55. Tree tool

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Confusion at work might get you in trouble with an authority figure today. To be safe, double-check all of your work before you show it to others.

Taurus April 21 - May 21
Children might be an increased responsibility today. Perhaps because of this, some kind of confusion will create a problem. Make sure you know what's happening.

Gemini May 22 - June 21
Family discussions might be stressful today. You can't please everyone. Don't be dishonest to avoid conflict, because it will only make things worse.

Cancer June 22 - July 23
You might second-guess yourself today because you're not sure about something. Unfortunately, a boss at work won't like this. Tread carefully!

Leo July 24 - Aug. 23
Be careful how you handle financial matters today, because some kind of confusion or deceit is possible. This especially applies to social situations, sports events and dealing with children.

Virgo Aug. 24 - Sept. 23
Life is hard today; it's just one of those things. Fortunately, it's temporary and will be gone in 24 hours. Therefore, don't be discouraged. Stay calm and carry on.

Libra Sept. 24 - Oct. 23
One reason there might be some confusion in your life today is because someone is not telling the truth. If you think something looks suspicious, it is.

Scorpio Oct. 24 - Nov. 22
Relations with a friend or a member of a group are strained today, possibly because of money matters or a possession you own. Make sure you have your facts right.

Sagittarius Nov. 23 - Dec. 21
This is a poor day to ask a boss or parent for a favour or approval. Postpone this kind of thing for another day. Hard work is your best choice today.

Capricorn Dec. 22 - Jan. 20
Do not be cocky in matters related to politics, religion or racial issues today. Something you don't know about could blindside you. If you're not sure about something, stay silent. Assume nothing.

Aquarius Jan. 21 - Feb. 19
Double-check all financial matters and negotiations dealing with shared property, inheritances and jointly held possessions.

Pisces
Feb. 20 - March 20
You have to accommodate others today. Nevertheless, make sure everything is above board and on the up and up, because something is fishy.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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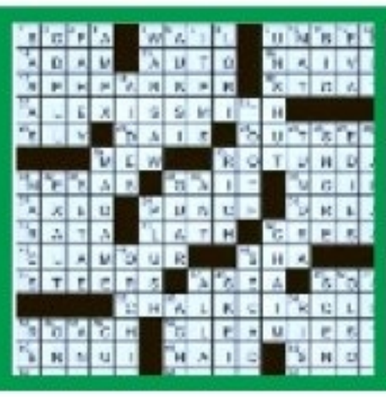

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